Great Ideas for Family Leaders ~ March 2016

Dear Family Leaders,

FREDLA is hard at work for you! This edition of our newsletter has information about many upcoming FREDLA events and resources that you will want to take advantage of.

As always, thank you for the work you do for our children and families! Jane

DIVERSITY SURVEY

For many years concerns have been expressed about the need to increase diversity of our family leaders. As a first step to addressing the issue, FREDLA is surveying the field to get data. We won't know where we are or where we need to go without data. Please take 2 minutes to complete this confidential survey. We need all employees of all family-run organizations to participate, as well as family leaders working in other settings such, such as local or state government or embedded within a provider organization. Thanks for your help!

Click here to participate in the survey.

LEARNING COMMUNITY

Learning Community for Family Leaders March 24 @ 3:00pm EDT

Topic: Workforce Development: Assessing the Readiness to Become a Parent Peer Support Provider

Have you found it difficult to know which family members are ready to become a parent peer support provider? Is being a family member who has raised a child with behavioral health needs enough? Or should they have other experience and skills? Join us for a discussion about how to assess the readiness of family members for becoming a parent peer support provider and hear from family organization leaders who have identified some key areas that may be good indicators of readiness.



To register:

https://theinstitute.adobeconnect.com/e8xwrqz7s4d/event/event_info.html

WEBINAR

Family Organizations Becoming a Medicaid Provider March 31, 2016 ~ 3:00-4:30 PM ET

Presenters: Beth Stroul President, Management & Training Innovations Jane Walker Executive Director, Family-Run Executive Directors Leadership Association Jane Kallal Executive Director, Family Involvement Center Rikki Harris Chief Executive Officer, Tennessee Voices for Children

Description:

The most rapidly growing source of funds for peer support services is Medicaid. These services are being added to state Medicaid plans and/or offered through various waivers. Family-run organizations that provide parent peer support must know the steps involved to becoming a Medicaid provider, what to ask in advance, and how to prepare their organizations and staff. This webinar will review nine steps for family-run organizations to undertake as they move through the process of becoming Medicaid providers. Three of these areas will be emphasized – determining financing and rates, building an administrative infrastructure, and developing staff. The Family Involvement Center in Arizona and Tennessee Voices for Children are leaders in becoming Medicaid providers and will share their first-hand experiences.

To register: https://theinstitute.adobeconnect.com/e3187k27zve/event/event_info.html COMING SOON - ONLINE TRAININGS FOR BOARD MEMBERS AND MID-LEVEL MANAGERS

Be on the lookout for two new online trainings developed by FREDLA. The first is an online training for Board members of family-run organizations. Family members who join the board may not fully understand the critical role they have in developing policy and providing oversight or their legal responsibilities. This training is specifically designed for Board of family-run organizations and features Board members from two of our family organizations.

The second training is for Mid-level Managers of family-run organizations. They often have different titles, such as administrator, operating officer, manager, or deputy. They juggle multiple roles and functions and seldom are in the spotlight. This training features four mid-level managers in family-run organizations and discusses the unique and vital role in managing family-run organizations.

GRANTEE MEETING OPPORTUNITY FOR FAMILY & YOUTH LEADERS

Working in Partnership to Achieve a Shared Agenda for Children, Youth and Young Adults with Behavioral Health Needs and their Families

Description: Convening youth and family leaders in the field of behavioral health to further develop and sustain youth and family voices and roles in effective systems of care. Each day will include multiple workshops that will provide professional development for youth and family leaders and address youth and family organizational barriers to growth and sustainability. Some sessions will be targeted to youth-only and family-only audiences and others will be open to all. At least one joint session will be held each day, to address topics common to all, including: a panel on strategies to increase diversity among movement leadership; session(s) on the importance of self-care and wellness practices among movement leadership; a space for national dialogue on aligning the efforts of the youth and family movements; and sustaining the work of youth and family voice in systems of care and behavioral health.

Registration will be limited to ensure diverse representation throughout the country. To register: <u>http://socgranteemeetings.wix.com/meetings</u>

CHILDREN'S MENTAL HEALTH AWARENESS SPOTLIGHT ON FAMILY-RUN ORGANIZATIONS

Family-Run Organizations SOAR

In recognition of Children's Mental Health Awareness Week, FREDLA is putting a spotlight on family-run organizations during May. FREDLA has created an event titled: *Family-Run Organizations SOAR (FROs)* and we need you to make it a success. It is as simple as blowing up a balloon!

FREDLA will be providing family-run organizations with balloons printed with FREDLA's logo and the message "Family-Run Organizations SOAR." Family-run organizations will inflate the balloons and take picture(s) with the balloons and the organization's staff. Make sure the name of your organization is visible in the photo as well. If your organization has regional offices, have them take pictures too with balloons and your organization's name so we can group photos together by organization. FREDLA will put all of the pictures into a video to promote the work of family-run organizations during Children's Mental Health Awareness throughout May.

Photos need to be submitted to FREDLA by **April 10th** at <u>info@fredla.org</u>. Photos will be turned into a photo slide show, set to music, and will be used during Children's Mental Health Awareness Week to bring attention to family-run organizations and all they do to support children, youth and families.

FREDLA WELCOMES NEW MEMBERS!

FREDLA is excited to announce our two newest Core Members:

*New Jersey Alliance of Family Support Organizations, New Jersey *FAVOR, Inc., Connecticut

For more information about how you and/or your organization can become a member of FREDLA, visit <u>www.fredla.org</u> or contact Malisa Pearson at <u>mpearson@fredla.org</u>.