

Helpful resources for addressing systemic racism

<https://www.embracerace.org/resources>

EmbraceRace was founded in early 2016 by two parents (one Black, the other multiracial Black/White) who set out to create the community and gather the resources they needed (need!) to meet the challenges they face raising children in a world where race matters. Since that time, EmbraceRace has grown into a multiracial community of parents, teachers, experts, and other caring adults who support each other to meet the challenges that race poses to our children, families, and communities.

<https://debbyirving.com/21-day-challenge/#listen>

21 Day Racial Equity Habit Building Challenge: Change is hard. Creating effective social justice habits, particularly those dealing with issues of power, privilege, supremacy and leadership is like any lifestyle change. Setting our intentions and adjusting what we spend our time doing is essential. It's all about building new habits. Sometimes the hardest part is just getting started. The good news is, there's an abundance of resources just waiting to empower you to be a more effective player in the quest for equity and justice. Please use this plan just as it is, or adapt it to a sector, an ethnic/racial group, or interest area.

<https://sojo.net/articles/our-white-friends-desiring-be-allies?fbclid=IwAR0wAuwm4O5INk90Bkb4ipl1d41jgCxXzTquUyhycGPW0UBkMC1Hz78Y5I>

FOR OUR WHITE FRIENDS DESIRING TO BE ALLIES - Being an ally requires you to educate yourself about systemic racism in this country. Here are six things you can do to be stronger allies. (faith-based article and resources)

<https://nmaahc.si.edu/learn/talking-about-race>

The Smithsonian's National Museum of African American History and Culture today launched Talking About Race, a new online portal designed to help individuals, families, and communities talk about racism, racial identity and the way these forces shape every aspect of society, from the economy and politics to the broader American culture. The online portal provides digital tools, online exercises, video instructions, scholarly articles and more than 100 multi-media resources tailored for educators, parents and caregivers—and individuals committed to racial equality. *The portal is free and does not require a registration or sign-up to use.*

<https://www.tolerance.org/frameworks/social-justice-standards>

Teaching Tolerance provides free resources to educators—teachers, administrators, counselors and other practitioners—who work with children from kindergarten through high school. Educators use our materials to supplement the curriculum, to inform their practices, and to create civil and inclusive school communities where children are respected, valued and welcome participants. Our program emphasizes social justice and anti-bias. The anti-bias approach encourages children and young people to challenge prejudice and learn how to be agents of change in their own lives. Our Social Justice Standards show how anti-bias education works through the four domains of identity, diversity, justice and action.

<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>

Your Kids Aren't Too Young to Talk About Race: Resource Roundup So you've realized your kids aren't too young to talk about race, so now what? We've rounded up some resources for you to start. Pretty Good's purpose is to make good information easier to understand and share on social media.

<https://www.todayparent.com/family/books/kids-books-that-talk-about-racism/?fbclid=IwAR1fzEriYMDLuuGrUwbqXtGEW-m9-QXy7PVtzLE9XGc5Xrzi3xX2-2-BI0>

Talking to your kids about racism can be tough. Here are some books to help get them thinking about it.