

5 WORDS

A Conversation
about Suicide
Prevention

Click here to submit
your
5 WORDS:

https://www.surveymonkey.com/r/5_WORDS

The focus of 2019 National Children's Mental Health Awareness Day is suicide prevention.

Conversations about suicide are difficult but as parents we are often faced with a child, youth or young adult who has expressed thoughts about taking their own life.

In recognition of Children's Mental Health Awareness Day, FREDLA invites families to share in 5 WORDS thoughts, feelings, or experiences related to suicide prevention. Don't worry about sentences, grammar or punctuation. Write words or phrases that convey your thoughts about preventing suicide.

By submitting 5 WORDS you agree to allow FREDLA to use your submission in our education and awareness efforts on suicide prevention and National Children's Mental Health Awareness activities.

FREDLA celebrates
2019 Children's
Mental Health
Awareness
Day

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