



Parent Peer Support Provider Training

Family-run organizations (FROs) have a proven history of successfully hiring, training, supervising and retaining the parent peer support workforce. FROs are specialists in the field of parent peer support, and most have developed training specific to the role of the Parent Peer Support Provider (PPSP) and the PPSP supervisor. In November 2018, FREDLA surveyed local and statewide FROs to compile a list of organizations that offer PPSP training or PPSP Supervisor training curricula to other organizations. These curricula and/or onsite training are available for purchase directly from the FROs.

A number of private consultants or organizations have developed and offer curricula in the area of parent peer support. However, this list only includes curricula developed and offered by family-run organizations. Criteria for inclusion on the list are: 1) the curriculum is developed and owned by a family-run organization and 2) the organization makes it available to other organizations. Contact information is included for each curriculum for more details on purchasing the curriculum or training.*

Curricula for Parent Peer Support Providers

Organization	Contact Information	Curriculum Description Provided by Organization
Family Involvement Center (Arizona)	Toni Donnelly, Director of Training and Innovation <i>e-mail:</i> Toni@familyinvolvementcenter.org <i>phone:</i> 602-412-4075	Title: PPSP Foundational 5 Day Training Description: Participants will become acquainted with the five stage journey to peer parent support developed by a national consultant as she listened to the experience of parents across the nation. These five stages of the parent journey are the foundation for which this training is built. Participants will be asked to focus on their own lived experience as they engage in interactive and reflective exercises designed to help them learn from their own story, while also demonstrating their commitment to continue learning from other parents. Participants will learn the basic foundations of authentic peer parent support, and how to distinguish this from family involvement activities. Participants will learn six core competencies that PPSPs should demonstrate in

		each and every interaction in their work with families. These six competencies are referred to as the PEARLS, listed below: PEARLS - (Peer-based relationships, Encourage parents to grow in their chosen direction, Active acceptance, Respect, Link with others in collaboration & problem solving, Suspend bias & blame).
Family-Run Executive Director Leadership Association (FREDLA) (national)	Millie Sweeney, Deputy Director <i>e-mail:</i> msweeney@fredla.org <i>phone:</i> 615-594-9263	Title: Parent Peer Support Practice Model Description: Parent Peer Support Providers (PPSPs) are employed in positions across the spectrum of service intensity levels, from trainers and community education to members of a treatment team in a residential or inpatient setting. Regardless of their position or service program, it is important that PPSPs receive training on the core competencies and skills sets of parent peer support. The FREDLA PPS Practice Model offers this essential training, as well as training in effective supervision of the PPSP workforce and coaching for trainers of the Practice Model. The PPS Practice Model provides a framework for the essential functions of a Parent Peer Support Provider, offering training and practicing of skills across the 6 phases of parent peer support: Connect, Discover, Support, Empower, Prepare and Take Care. Each of the phases has a specific focus and accompanying skill sets, and the training involves practicing and reinforcing these skills.
G.E.A.R. Parent Network (Maine)	Cindy Seekins, Director <i>e-mail:</i> cseekins@crisisandcounseling.org <i>phone:</i> 207-441-7216	Title: Parent Leadership Institute Description: This is a 3 day/or 24 hours training and covers domain topics required by FFCMH cert commission. Also covers role of PSP, boundaries, ethics, mandated reporting, navigating all children's systems of care, ACE's & trauma informed care, history of family/consumer movements, cultural competency, meeting skills, presenting the parent/family perspective, importance of self-care, and includes some resources/tools to help the PSP provide specific support/education and more.

<p>KEYS for Networking (Kansas)</p>	<p>Jane Adams, Director <i>e-mail:</i> jadams@keys.org <i>phone:</i> 785-233-8732</p>	<p>Title: Targeted Parent Assistance (TPA) with "Kids for Keeps" Description: Targeted Parent Assistance with "Kids for Keeps" is a parent/youth developed training curriculum. The focus is on child outcomes (e.g., participation in school, safety at home). The training provides strategies to promote parent engagement across 10 categories and increase in parent skills in seven key areas: Persistent, Articulate, Resourceful, Expectant, Networking, Transparent and Strategic (PARENTS). The training, delivered by family leaders under the direction of Dr. Jane Adams, includes instruction in the use and administration of the on-line modules, "Kids for Keeps" with family clients. The emphasis is on providing services that support parents in their efforts to access services that help their children achieve meaningful outcomes.</p>
<p>North Carolina Families United</p>	<p>Gail Cormier, Executive Director <i>e-mail:</i> gcormier@triad.rr.com <i>phone:</i> 909-880-1868</p>	<p>Title: Family Partner 101 Description: An implementation science based 101 training for Family Partner Peer Support providers. It covers all aspects of role from being hired, to understanding the culture of the workplace, referral of a family, intake, person/family centered plan, navigation of service systems and discharge of families. All competencies that are required to provide a family driven approach to family peer support is covered. This five-day training will cover all areas to pass the national certification for parent support providers.</p>
<p>NAMI Ohio</p>	<p>Angela Schoepflin, Parent Advocacy Connection Administrator <i>e-mail:</i> angela@namiohio.org <i>phone:</i> 614-224-2700 ext. 227</p>	<p>Title : PAC Parent Peer Support Training Description: Covers all the basics, including communication, general advocating, documentation, sharing your story, the systems of Care in Ohio, Education, Juvenile Justice, Child Welfare, Self-Care, Ethics, Confidentiality, Boundaries, and Working with professionals.</p>

<p>Tennessee Voices for Children and NAMI Tennessee</p>	<p>Roger Stewart, Deputy Director <i>e-mail:</i> rstewart@namitn.org <i>phone:</i> 615-361-6608 ext. 304</p>	<p>Rikki Harris, Executive Director <i>e-mail:</i> rharris@tnvoices.org <i>phone:</i> 615-269-7751</p>	<p>Title: Family Support Specialist Professional Competency Training for Certification Description: Developed and provided jointly by NAMI TN and TVC; A three day training that covers:</p> <ul style="list-style-type: none"> • Foundational information about mental health and co-occurring disorders • Adverse Childhood Experiences • Basic principles of secondary prevention and intervention • System of Care values and principles • Perspective-taking and addressing assumptions • Overview of systems and working effectively within each system (roles, mandates, IDEA overview) • Effectively working with families (effective advocacy/support, engaging families, cultural competency, establishing your role/rapport, safety planning) • Facilitation fundamentals (for use in Child and Family Team meetings, IEP meetings, support groups, etc.) <ul style="list-style-type: none"> • Self care • Professionalism (role/function of the FSS, public representation) • Ethics (incl. CFSS Code Of Ethics), boundaries (professionally, personally, and self-care) • Confidentiality and HIPAA • Documentation and service planning (general foundation with specifics to be given by employer) • Final competency test
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Curricula for Supervisors of Parent Peer Support Providers

Organization	Contact Information
Allies with Families (Utah)	Lori Cerar, Executive Director <i>e-mail:</i> loric@allieswithfamilies.org <i>phone:</i> 801-433-2595
The Family Involvement Center (Arizona)	Toni Donnelly, Director of Training and Innovation <i>e-mail:</i> Toni@familyinvolvementcenter.org <i>phone:</i> 602-412-4075
Family-Run Executive Director Leadership Association (FREDLA) (national)	Millie Sweeney, Deputy Director <i>e-mail:</i> msweeney@fredla.org <i>phone:</i> 615-594-9263
KEYS for Networking (Kansas)	Jane Adams, Director <i>e-mail:</i> jadams@keys.org <i>phone:</i> 785-233-8732

FREDLA will be updating this list as new training curricula are developed. Please let us know if your organization has a curriculum meeting the criteria that you would like added to the list.

For more information on FREDLA or family-run organizations, contact FREDLA at info@fredla.org or visit our website at www.fredla.org.

** This document is provided as a resource and is not an endorsement of any specific curriculum.*