



Benefits of Parent Peer Support Provider Services to the Service Delivery System

- Peer provider services are recognized as evidenced based.
- They are creative, non-traditional, and beneficial to individuals using traditional services.
- The evidence of peer services in traditional settings can be effective or more effective than non-peer services. (Gates and Akabas, 2007)
- Empowerment, meaningful relationships, and opportunities to improve their lives are benefits to people engaged in these services.
- Recovery, resiliency and wellness are components of peer provider services.
- Peer providers serve as role models, modeling recovery to non-peer staff, families and peers receiving behavioral health services.
- Improved relationships with providers and social supports, increased satisfaction with the treatment experience overall.



Benefits of Parent Peer Provider Services to Individuals

- Reduced sense of isolation
- Reduced hospitalization and crisis services
- Improved quality of life and health
- Improved self-esteem
- The (re)discovery of hope
- The development of relationships of trust and mutual respect



Benefits to the Parent Peer Support Provider

- Healing benefits from role as helper
- Social support from non-peer co-workers and with the people they serve
- A sense of self-sufficiency and self-efficacy due to increased income
- Purpose to their lives through meaningful work
- Benefit of sharing their “lived experience” to help other families