

Great Ideas!

FREDA Newsletter

August 2018

FROM THE PRESIDENT

Dear Family Leaders,

It is with mixed emotions that the FREDLA Board of Directors announces the retirement of our Executive Director, Jane Walker. Jane was a founding member of FREDLA and the organization's first Executive Director. Her retirement is effective December 31, 2018.

*The Board of Directors has appointed a Search Committee and is actively recruiting family leaders with a minimum of five years' executive leadership experience in a family-run organization. Candidates are asked to send a resume and cover letter highlighting their experience to Exsearch@fredla.org. Please put "FREDLA Executive Director Search" in the subject line. Only electronic submissions will be considered. Deadline for application and consideration is 5:00 pm ET on **August 31, 2018**.*

We will miss Jane greatly but look forward with anticipation to new leadership and new heights for FREDLA.

Gail Cormier, President
FREDLA Board of Directors

TRAINING INSTITUTES

Summer goes all too quickly! This summer was particularly busy with the Training Institutes in July. Family voices were notably present from start to finish at the Institutes through plenaries, workshops and Ignite talks. Gail Avent, Executive Director of Total Family Care Coalition in the District of Columbia, gave a passionate plenary speech about her journey as a family leader. Regina Crider, Executive Director of Youth and Family Peer Support Alliance in Illinois, provided a powerful "Ignite" speech that lit up the room. There were twenty sessions led by family members along with a pre-Institute session on Adaptive Leadership for family leaders. FREDLA's reception on Friday evening was packed with many familiar faces and many new ones. It was wonderful to see everyone! Kudos to the University of Maryland for putting on such a spectacular event and for the many opportunities to spotlight the work of family leaders across the country.



Gail Avent with Gary Blau, Raphaele Richardson and Michelle Zabel following plenary presentation.

CONGRATULATIONS TO OUR LEADERSHIP AWARD RECIPIENTS

FREDLA is pleased to announce the recipients of the 2018 Leadership Awards presented at the FREDLA reception during the 2018 Training Institutes in Washington D.C.

Congratulations to all of our award recipients!



Executive Leadership Award
Lori Cerar (right), Executive Director,
Allies with Families in Utah



Leadership for the Future Award
Cinaida Anthony,
Family Support Services Association of New Jersey,
Community Development Coordinator



Innovating in Programing
Georgia Parent Support Network Transition Youth Peer Center
Sue Smith (right), Executive Director, Georgia Parent Support Network, and
Sheena Biggerstaff (left), Peer Center Supervisor



Leadership in Governance Award – Maggie Krueger,
President of the Board, Kentucky Partnership for Families and Children

WEBINAR WITH JOAN GARRY FOR FREDLA MEMBERS – September 20 at 3pm ET



Do you feel that all of the articles you have read by researchers and business leaders on how non-profits should be run just don't get what a family organization is all about? Well, meet Joan Garry! She gets it! Her latest book titled *Joan Garry's Guide to Non-Profit Leadership* is subtitled *Because Non-profits are Messy*.

Joan's blog at www.joangarry.com for board and staff leaders of nonprofits reaches 100,000 unique leaders monthly from over 150 countries. Her podcast, *Nonprofits Are Messy*, is frequently the #1 nonprofit / government podcast on iTunes. She is also the founder of The Nonprofit Leadership Lab, a monthly online membership site for board and staff leaders of small nonprofits who can afford neither coaching nor consulting. Through a vast array of content and a community moderated by experts, Joan is reaching nearly 2,000 board and staff leaders worldwide.

FREDLA members have a unique opportunity to participate in a webinar with Joan on Thursday, September 20th at 3 pm (ET). Members with up to date dues will be sent login information prior to the event.

If you are not a FREDLA member, you can easily join now by logging onto FREDLA's website at www.fredla.org. Don't miss this unique opportunity to join the conversation with Joan!

LEARNING COMMUNITY September 6 at 3PM ET

Question: What is MHBG? (Answer: Mental Health Block Grant)

Every state, territory and the District of Columbia receives a Mental Health Block (MHBG) Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, to provide community mental health services. Who do these grants target and what can the funds be used for? How do Mental Health Planning Councils connect to MHBGs and how are they different from Substance Abuse Prevention and Treatment Block Grants (SABG)?

You will learn answers to these questions and more, when you join us for a Family Leaders Learning Community call to hear about Mental Health Block grants. Executive Directors, staff and board members of family-run organizations and members of Mental Health Block Grant Councils are welcome to participate on the call.

PRESENTERS:

Cyntrice Bellamy, Director, Division of State and Community Systems Development (DSCSD)
Center for Mental Health Services (CMHS)

Tison Thomas, Branch Chief, Division of State and Community Systems Development (DSCSD)
Center for Mental Health Services (CMHS)

To register for the Learning Community, [click here](#).

THE POWER OF TELLING YOUR STORY

As family leaders we are often called upon to tell our story. When the family movement began, we told our stories to convey to decision makers what we were going through and how desperate we were to help our children. We often use our story strategically to highlight issues and support system change. Over the years and as our children have grown we have learned that our children have their own stories, and as family members we need to respect our children's privacy as we tell our stories. In a world of social media stories travel with the speed of the internet and are difficult to delete. They can have a lasting impact on our children in college, future employment, social relationships, and more.

In partnership with Vanguard and the Caring for Every Child's Mental Health Campaign's Family Council, FREDLA has developed a tip sheet on ***The Power of Telling Your Story***. This tip sheet helps families think through what to share and how to tell their story while respecting their child's privacy. You can access the tip sheet by [clicking here](#).

NATIONAL EARLY CHILDHOOD FAMILY NETWORK

The National Early Childhood Family Network (NECFN) is a network of diverse family leaders that emerged from the SAMHSA LAUNCH Early Childhood grants. Since February 2018, the group has been meeting virtually and has developed a mission statement to ***live in a world where all children birth to eight are safe, healthy, and inspired to lifelong learning***. FREDLA is pleased to be providing logistical support to this group of family leaders. A webinar will be held in September to provide information for ways family-run organizations can partner with the Network in their state.