

Great Ideas!

FREDA Newsletter

June 2018

Dear Family Leaders,

FREDA extends special wishes to all fathers on Father's Day. While we are family-focused in our work, attention is often on mothers and children while fathers are on the sidelines. Several of our family-run organizations are developing amazing initiatives to engage fathers. Click on the link to our FREDA Special Edition newsletter on Engaging Fathers published last September that features these programs and provides resources on serving fathers. [Click here to read the PDF](#)

HAPPY
FATHER'S
DAY!

Our deepest thanks to all of the dads!

Jane Walker
Executive Director

GRADUATION TIME



Graduation is a major milestone for our children and families. It is especially significant because school is often a struggle for our children who may not be on the honor role, may not play a sport, and may not have a circle of friends. For our children, graduation means overcoming the odds and achieving hard won goals. Our warmest congratulations to all of the graduates and to the families who advocated to ensure their children received the support they needed to be successful.

And there are some families whose children did not graduate because their children dropped out, did not pass exams, may have been expelled, or tragically may not have lived to see graduation. In these circumstances there are no celebrations. Our thoughts go out to you as well. We know that our children do not always succeed as we would want and it is not because we did not care or try.

A REPORT ON FAMILY EXPERIENCES WITH THE USE AND MONITORING OF ANTIPSYCHOTIC MEDICATIONS FOR CHILDREN

Growing concern about the use and monitoring of antipsychotic medications for children and adolescents led SAMHSA to convene an expert panel to look at Implementation of Best Practices in Antipsychotic Prescribing for Children and Adolescents. The panel's charge is to develop a SAMHSA Guidance Document for Effective Implementation of Psychotropic Medication Safety Guidelines in Children and Adolescents. As a member of the expert panel, the Family-Run Executive Director Leadership Association (**FREDLA**) is committed to ensuring that these efforts include the perspective of families. **FREDLA** conducted a series of four focus groups for family leaders to provide family input into the expert panel. The findings from these focus groups are summarized in this report. [Click here to read report](#)

NOMINATE A LEADER

A leader is someone who inspires and motivates others. You know who they are. In family-run organizations, our executive directors, board members, program directors and more all inspire us to keep going for our families. Family leaders work tirelessly to find funding, advocate for policy and raise awareness. You can nominate someone in your organization for **FREDLA's 2018 Leaders Awards** in the following categories:

- **Executive Leadership Award** - for an Executive Director of a family-run organization
- **Leadership in Governance Award** - for an individual board member or the full board of a family-run organization
- **Leadership for the Future Award** - for an emerging leader in a family-run organization as a program director, deputy director or administrator
- **Awards for Innovation in Programming** - presented to family-run organizations in two categories: 1) organizations with an annual budget under \$499,999, and 2) organizations with an annual budget over \$500,000, and that have demonstrated innovation in developing and implementing innovative programs or training

To make your nomination, [Click here](#) and complete the nomination online.

Deadline for nominations is June 29, 2018

Awards will be presented at the **FREDLA** Reception during the **Training Institutes on Friday, July 27, 2018** from **5:00 - 7:00pm**. Stay tuned for further details!

Summer Training Institutes

There's a lot going on for family leaders at the **2018 Summer Training Institutes** and you won't want to miss it!

- A Pre-Institute on The Art and Practice of Adaptive Leadership for Systems Change with a special half-day session for family leaders - July 24-25, 2018
- Workshops on innovative programs developed by family-run organizations, such as partnering with Juvenile Justice, grandfamilies, and supporting fathers

- Workshops on management for family-run organizations, such as mid-level managers and family-run organizations 101 for new organizations, as well as a workshop on finding common ground between family-run and youth-run organizations and programs
- An institute on parent peer support as a critical service in all systems and a workshop on effective supervision of parent peer support providers and supervision structures
- Breakfast for family leaders July 26, 2018
- FREDLA reception and Awards Presentation July 27, 2018 5:00 – 7:00 PM (Tickets required)
- Program and Policy Exchange July 28, 2018 1:30 – 3:00 PM: Family leaders are invited to bring copies of one brochure that highlights your latest and greatest program, policy or poster to share with others.

[Click here to view the Summer Trainings Institutes](#)

SPOTLIGHT ON FAMILY LEADERS

Grab a box of tissues and a bag of M&Ms and take time to read **FREDLA's Spotlight on Family Leaders**.

In celebration of National Children's Mental Health Awareness Day, **FREDLA** highlighted the stories of 20 family leaders. The stories are inspiring and powerful. Some are pioneers in the family movement while others are relatively new and energized to expand the family movement. The stories are each unique but the common thread is our children and our passion to make the world a better place for them and all other children and families. It is a sure bet for Oprah's book group!

[Click here to read PDF](#)