



Great Ideas for Family Leaders

Dear Family Leaders,

To all of you who have been enduring a long, cold, snowy winter – this message is for you!



Spring is 12 days away.

Jane

*Jane Walker
Executive Director
FREDLA*

SOC GRANTEES JOIN US!

***Family-Run Organizations: A Key Strategy for Expanding Systems of Care
REGISTRATION IS NOW OPEN for family organizations working in partnership with a local or state system of care site!***

Dates: April 16 (12:00 – 5:00 PM) and April 17, 2015 (9:00 – 4:00 PM)

Location: Family Involvement Center,
5333 N 7th Street, A-100
Phoenix, AZ 85014

The Family Run Executive Director Leadership Association (FREDLA) in partnership with SAMHSA and the TA Network is presenting a 1.5 day small group meeting designed for SOC teams to focus on developing and sustaining strong family organizations as a key component of their system of care.

Presenters include experienced local and state family leaders:

- Jane Kallal, Executive Director, Family Involvement Center, Phoenix, Arizona
- Lisa Conlan, Executive Director, Rhode Island Parent Support Network
- Regina Crider, Executive Director, Youth & Family Peer Support Alliance, Rantoul, Illinois
- Millie Sweeney - Family Solutions Consulting
- Malisa Pearson – Project Coordinator FREDLA
- Jane Walker – Executive Director, FREDLA

Regardless of the stage of development in your SOC, this small group meeting will provide ideas and resources to move you to the next stage in developing a strong family movement in your SOC. This meeting will look at:

- **F**inancing strategies for family organizations
- **A**ctivities and services family organizations provide
- **M**odels and characteristics of family organizations

- **I**mproving the whole system through family organizations
- **L**eading without authority, but with influence in family organizations
- **Y**outh programs and family organizations

We recommend applying as teams, that consist of family leaders and one or more System of Care staff members. Grantees are encouraged to think strategically about whom to include on their teams, given their particular population(s) of focus and objectives. To register for this meeting, click here:

https://theinstitute.umaryland.edu/profile/index.cfm?EVENT_ID=494&referrer=https://theinstitute.umaryland.edu/events/firm_eventregistration.cfm?event_id=494

For full details about hotel reservations, local restaurants and ground transportation, click here: <http://fredla.org/fredla-small-group-meeting/>

FUNDING OPPORTUNITIES

“Now is the Time – Project Aware-Community Grants

Application Due Date: Friday, May 1, 2015

Anticipated Award Amount: Up to \$125,000 per year

The Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, is accepting applications for fiscal year (FY) 2015 “Now is the Time” Project AWARE-Community (Short Title: NITT-AWARE-C) grants to support Mental Health First Aid (MHFA) or Youth Mental Health First Aid (YMHA) training for teachers and others who interact with youth through their programs at the community level, including parents, law enforcement, faith-based leaders, and other adults. <http://www.samhsa.gov/grants/grant-announcements/sm-15-012>

RESOURCES

Parent’s Guide to Getting Good Care

Family run organizations are always looking for resources to inform their families. The Child Mind Institute has an online **Parents Guide to Getting Good Care** that takes families through the steps to finding the best professional (or team) for their child, and the most appropriate treatment. <http://www.childmind.org/en/parents-guide-getting-good-care/>

American Indian/Alaska Native Culture Card

SAMHSA is distributing an American Indian/Alaska Native Culture Card "to serve as a general briefing to enhance cultural competence while providing services to AI/AN communities..." The audience for the Culture Card is primarily non-Indian service providers and disaster responders. To order AI/AN Culture Cards click on the following link and place an order: <http://store.samhsa.gov/product/American-Indian-and-Alaska-Native-Culture-Card/SMA08-4354>. Feel free to order as many as you want!!!

LEARNING OPPORTUNITIES

Confused about tests and assessments for children? Check out this recorded webinar titled ***A Brief Overview to the Psychological Assessment of Children*** presented by E. Mark Mahone, Ph.D., ABPP, Director, Department of Neuropsychology and Co-Director of the Center for Innovation and Leadership in Special Education at The Kennedy Krieger Institute. The webinar discusses assessment basics, including the various types of assessments available for children and adolescents. To view this webinar, please click here:

<https://theinstitute.adobeconnect.com/p2e6k59a0ie/?launcher=false&fcsContent=true&pbMode=normal>. Be sure to also take a look at the corresponding paper that describes the different types of tests by clicking here: <http://www.scribd.com/doc/257410753/Screening-and-Assessment-Brief>
This is a great resource to help families.

AWARDS

SAMHSA Voice Award Nominations

Nominations are being accepted now through March 27 for the 2015 Voice Awards. SAMHSA's Voice Awards recognize television/film productions and consumer/peer leaders who use their stories to educate others that those with behavioral health and/or substance use disorders can, and do, recover and lead meaningful lives.

<http://1.usa.gov/1G1VDYp>

Mental Health America Award Nominations – mPower Award

The mPower Award celebrates the life and work of a teens or young adult who has spoken out about mental health issues to educate his or her peers and fight stigma. Application packet is due by **March 31, 2015**.

Criteria—Nominees must:

- Be between the ages of 13-23;
- Have personal experience in dealing with a disorder that has affected them, a friend or a family member; and
- Have addressed mental health issues in their communities, such as forming a peer support group or club; advocating for mental health policy or system change; speaking to classmates or a youth group; writing a song, article or essay; or talking with the media.

<http://www.mentalhealthamerica.net/conference-awards-nominations>

CALL FOR PROPOSALS

National Federation of Families for Children's Mental Health - 2015 Call for Proposal Information

Deadline: April 10, 2015

The National Federation of Families for Children's Mental Health invites you to submit presentations for the 26th Annual Conference. To apply, click:

<http://www.ffcmh.org/conference/proposals>

JOIN FREDLA!

Are you a member of the Family-Run Executive Director Leadership Association (FREDLA) yet? If not, join NOW! Visit FREDLA's website at <http://fredla.org/join-us/> and download the membership form. Don't delay – become a member today and join a growing group of family leaders committed to the leadership development and organizational capacity of Family-Run Organizations!

***Thanks for reading Great Ideas for Family Leaders!
Don't forget to send us your Great Ideas – they are always welcome!***

***Send to Malisa Pearson, Project Coordinator
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