

The Role of Family Run Organizations Across Systems

January 27, 2015

2:00pm to 3:30pm (Eastern Time)



TA Network Core Partners

- The Institute for Innovation & Implementation, University of Maryland School of Social Work
- Accountability Solutions, LLC.
- The Center for Community Learning, Inc.
- The Center for Health Care Strategies, Inc.
- The Family-Run Executive Director Leadership Association (FREDLA)
- Human Service Collaborative
- The National Federation of Families for Children's Mental Health
- Portland State University
- The University of South Florida
- The University of Washington
- Youth M.O.V.E. (Motivating Others through Voices of Experience) National



Presented by

fredla

**Family Run Executive Director Leadership
Association**

*Building leadership and organizational capacity
of family-run organizations*

FREDLA

- Started in 2013 by 16 Statewide Family Network Directors
- Mission: *To strengthen leadership and organizational capacity of family-run organizations focused on the wellbeing of children and youth with mental health, emotional or behavioral challenges and their families.*
- Partner in TA Network providing technical assistance to System of Care grantees.

Family-Run Organizations

- Influence the voice and choice of families at the Child & Family Level
- Develop, implement and evaluate services for children and youth with behavioral health care needs and their families at the Service Delivery Level
- Positively impact the policies and processes by which children, youth and families receive supports at the Systemic/Policy Level

Child & Family Level

- Recruit & Educate
- Connect
- Information & Referral
- Social/Recreational Activities
- Navigation
- Access to Services



Presenters:

Gail Cormier, Executive Director

North Carolina Families United

Sandy Bumpus, Executive Director

Oregon Family Support Network

Lisa Conlan, Executive Director

Parent Support Network of Rhode Island



Oregon
Family Support
Network

2005 – Oregon Children's Systems Change Initiative

- Wrap-Informed Intensive Community Treatment Services
- High Fidelity Wraparound Services (2010)



**Oregon
Family Support
Network**

Family Voice Is Supported Through:

- Family Navigator Services
- Family Partner – Wraparound, ICTS level
- Education/Support
 - One/One with families
 - Education classes – Journey to Advocacy, and Collaborative Parenting Classes (based on Collaborative Problem Solving - Think:Kids)



Parent Support Network of Rhode Island

a network of families supporting families by sharing experiences and strengths

Partnership with RI Department of Children, Youth, and Families (DCYF) – Statewide System of Care -1989-2015

- Early CASSP Site
- Project REACH- Youth with Serious Emotional Disturbance
- Project HOPE- Youth Adjudicated in Justice System
- Positive Educational Partnership- PBIS & Wrap early childhood and elementary school age
- System of Care Infrastructure/State Implementation- High Fidelity Wrap –with Child Welfare



Parent Support Network of Rhode Island

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- Statewide Toll-free helpline to provide parent support and service navigation
- Peer Mentor attendance to care planning meetings and education related meetings (child family teams, family court, hospital discharge, and treatment)
- Ongoing Parent Education Opportunities- Advocacy TIPs, Mental Health 101, and Social Emotional Learning
- Tabling at resource fairs and presentations with service agencies' staff that provides overview of PSN and system of care services and supports (i.e. family court intake staff, community mental health centers, community action programs)



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- Visiting Hours at the RI Training School to support parents and youth in connecting with system of care and service system programs
- Support groups for special populations (parent, youth, Spanish speaking, termination of parental rights group)
- Social Events such as Zoo, Bowling, Picnics, Amusement Parks, etc.
- Website, Facebook, and dissemination of promotional materials, brochures, newsletters, briefs, etc.



North Carolina Families United

- Provides Family Partners to do direct service work with individual families
- Provides RENEW youth transition care coordination to youth with emotional and behavioral healthcare needs
- Attends targeted interventions like IEP's, ISP, Child and Family Teams
- Advocates for families, youth or child
- Fields parent and provider call in questions on based on system of Care values and principles.

Service Delivery Level

- Workgroups & Committees
- Evaluation
- Training for Systems Partners
- Parent to Parent Support



Oregon Family Support Network

2005 Children's Systems Change Initiative

- Requires all County/Regional Mental Health Programs to have a Children's System Advisory Committee with 51% Family, Youth, Advocate representation
- OFSN is significantly involved in training families and professionals to participate on policy advisory committees together.
- OFSN is contracting with community mental health providers and informing program level supports and practice.



Oregon Family Support Network

Oregon Family Support Network has contract with State to:

- Assure training and support to families across the state
- Prepare families to work at the local/regional level providing peer support services
- Identify areas of need – developing infrastructure of supports for meaningful family involvement and leadership.
- Coordinate a quarterly Family Leaders group, for families working in leadership across agencies and communities around the state to inform state policy.
- Develop network of family leaders around the state to expand or amplify ‘voice’ of families around Oregon.



Parent Support Network of Rhode Island

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- Statewide training and certification of Family Support Partners working with RI Wrap with the Child Welfare Institute at RI College- *system of care currently has over 28 family support partner positions in place*
- Employer of 6 Family Support Partners conducting Wrap with parents and their children who are formally involved with child welfare
- State Team working to further peer support service delivery definitions for Medicaid reimbursement and state certification guidelines and curriculum.



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- Delivery of evidence based parent wisely curriculum for reimbursement with system of care service delivery networks.
- Family Evaluator conducting study with parents involved with Wrap and child welfare- conducting the WFI-EZ and SAMHSA TRAC outcomes
- Statewide Family & Youth Leadership Coordinators who work with system of care partners to recruit, train, and coach parents and youth to participate on the state local Family Community Advisory Boards-FCAB's – Quality Assurance



North Carolina Families United

- Informal Care Coordination for both families and transition aged youth
- Attends Care Reviews as part of the wrap team
- Psychiatric Residential Treatment Facilities (PRTF) advocate member
- Co-Chair State System of Care Collaborative or members
- Member of Mental Health Planning Council
- Member of state transition collaborative
- Member of State SOC Training collaborative

Systems/Policy Level

- Governance
- Policy Development
- Advocacy
- Decision-Making Bodies



Oregon
Family Support
Network

New Development

Oregon Family Support Network is a Technical Assistance Partner and Training Consultant to Statewide Wraparound Expansion

- 10 Wraparound Expansion Sites
- Includes training and technical assistance at the service, program and systems level
- Technical assistance is designed to provide communities with leadership and support in developing the family voice at every level



Parent Support Network of Rhode Island

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- Ongoing recruitment & participation of parents and youth on State Policy Boards (i.e. Governor's Council on Behavioral Health, State Medicaid Taskforce, RI Health Coverage Leadership Team, etc.)
- Participation in state system of care standards and participation in federal and state review processes
- Statewide Family & Youth Leadership Coordinators co-located at State DCYF office and attending executive level policy development meetings-bringing additional input and recommendations



Parent Support Network of Rhode Island

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- Ongoing policy & legislative training opportunities with parents –Agents of Transformation Training
- Public Awareness Events & Advocacy Demonstrations at the State House
- Participation in educating policy makers at legislative hearings & commissions along with educating families and youth to learn to contact their legislators and to provide testimony – Efforts have grown and sustained the system of care budget by 8 million dollars over 12 year period



North Carolina Families United

- Sits at the policy making committee for PRTF
- Initiates or recommends Grant funded Initiatives for families, youth and children
- Active participant in grant development
- Acts as co-director for State System of Care Implementation grant
- Oversees State Online Training for SOC
- Oversees and manages the Training of Trainers for SOC
- Acts as a state partner for Family Voice
- Manages Youth Move NC and Leadership
- Hosts Family and youth voice forums
- Facilitates statewide Family Partner quarterly meetings, certification and trainings

Final Thoughts

- Be Creative
- Model the Way
- Family Run Organizations are Leaders, too!

Child and Family Level	Service Delivery Level	Systems/Policy Level
Recruit and educate family members about the System of Care	Recruitment and training of Parent Support Providers. Employment of providers. Supervision of providers. Evaluation of PSP services.	Recruit, educate and support family members and youth to participate in governance boards and decision making bodies
Connect family members with other family members with similar experiences	Evaluation of voice, involvement, family driven care, youth guided care, effectiveness of services, satisfaction of services	Family Org participation in governance and decision making bodies Grant writing, policies, policy boards, oversight bodies
Educate parents on their rights and responsibilities, advocacy, and child serving systems (child welfare, mental health, education, juvenile justice, etc.)	Recruitment and training of Youth Peer to Peer providers. Employment of providers. Supervision of providers. Evaluation of youth peer services.	Family Org provides testimony at legislative hearings on key issues and legislation affecting children, youth and families
Provide families with information and referral for community resources and basic needs such as housing, food and clothing banks, etc.	Education of child serving systems about parent and youth peer support programs	Recruit, educate and support family and youth to provide testimony at legislative hearings, school board meetings, county commission meetings, city council, etc.
Provide social/recreational opportunities for families to connect with other families (ie: picnics, holiday gatherings, etc.)	Provide Parenting/Education classes, trainings	Assist systems and legislators to develop policies and procedures that support family driven, youth guided care
Connect families and youth with educational/training opportunities through other organizations (conferences, trainings, etc.)	Facilitate Support Groups for families and youth	Assist systems to develop policies and procedures that support and promote peer to peer support services
Support families to access needed services – mental health, education, healthcare, etc.	Input in design of service delivery and what services families need	Assist systems to develop policies that support and promote family involvement and family voice at all levels of design, implementation and evaluation
Provide families with information and materials about their child's challenges and how to best support a child with special needs	Recruit, educate and support family members and youth to participate in workgroups and committees related to the design and implementation of services for children, youth and families	Participation in finance committees and decision making bodies determining what services and supports are funded and for how much
Provide social media outlets for families and youth to receive information, learn about community activities, draw peer support from other families and youth, and a vehicle for families and youth to share	Recruit, educate and support family members and youth to participate in evaluation activities to assess satisfaction, efficacy, family driven and youth guided, and the level of family voice and	Recruit, educate and support family members and youth to participate in finance committees

Next Steps...

- Utilize Resource List and Family Run Organization Roles Chart to explore opportunities within your organizations
- Consult outside stakeholders to assess opportunities for enhancement or expansion
- Develop a strategic plan to enhance and/or expand the role of your Family Run Organization

Questions?

