

Great Ideas for Family Leaders – October, 2016

Dear Family Leaders,

Regardless of whom you cast your vote for, one thing is certain: There will be change in policies and leadership. President-elect Trump's health care policy included repealing Obamacare and the brief statement on mental health care below:

“Finally, we need to reform our mental health programs and institutions in this country. Families, without the ability to get the information needed to help those who are ailing, are too often not given the tools to help their loved ones. There are promising reforms being developed in Congress that should receive bi-partisan support.”

You can access the full policy statement at <https://assets.donaldjtrump.com/HCReformPaper.pdf>

The months ahead are uncertain but let us all vow to work together for the singular purpose of helping our children, young adults and families. FREDLA will work to do the same for families and family-run organizations.

Never stop believing that fighting for what's right is worth it.

*Jane Walker
Executive Director*

NOVEMBER 29, 2016 IS GIVING TUESDAY!

On **Tuesday, November 29th** **FREDLA** is excited to participate in **#GivingTuesday**, a day dedicated to celebrating and giving to important causes. We encourage you to support **FREDLA** with your online donation on **#GivingTuesday** at <http://www.fredla.org/donations/>.

Our **goal this year is to raise \$2,000**. to support our work elevating the important role family-run organizations play in children's behavioral health. **An anonymous donor has agreed to match donations up to a total \$2,000**. This means that your gift, small or large, will be doubled.

Because family organizations provide help and hope to families, our hashtag **for #Giving Tuesday** is **#FROsRHelp&Hope**.

Here are some ways you can get involved:

- Show your support for family-run organizations by making a tax-deductible donation to **FREDLA** on November 29, 2016 at <http://www.fredla.org/donations/> and encourage family, friends and colleagues to do the same.
- Use the hashtag **#FROsRHelp&Hope** to talk about the value of supporting **FREDLA**. We will be communicating via its Facebook and Twitter pages. Help us spread the word by liking and sharing our posts.

- Join **FREDLA**. Family leaders, leadership of family-run organizations, and organizations are all welcome! Visit <http://www.fredla.org/becoming-a-fredla-membermembership-application/> to download the membership application today.

Together we will make it possible for children, youth and young adults living with behavioral health challenges and their families to access a family-run organization who can give them the most important gift of all – **Help & Hope**.

LEARNING COMMUNITY FOR FAMILY LEADERS

Building Bridges Initiative and How Family-Run Organizations Can Get Involved

Thursday, November 17, 3-4:30 p.m. ET

Family-run organizations often work with families who are caring for a child who may be eligible for services from an out-of-home program. This webinar will cover creative ways that family-run organizations can partner with residential and community providers to support use of these best practices, with a special emphasis on successfully engaging families. To register, visit: [https://events-](https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1529977565& charset =utf-8)



[na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1529977565& charset =utf-8](https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1529977565& charset =utf-8)

NEW FREDLA TIP SHEET

While transitions can be stressful for organizations, they can also present opportunities for revitalization and positive transformation. A new Tip Sheet from FREDLA highlights strategies for staying on mission during a leadership transition: [Facilitating Smooth Executive Director Transitions While Maintaining the Organization's Mission and Services.](#)

NATIONAL DATA COLLECTION PROJECT – NOW ENROLLING FAMILY-RUN ORGANIZATIONS!

FREDLA initiated the National Data Collection Project in 2014, pulling together family leaders and researchers to strategize ways to effectively collect data on the significant impact that we know family-run organizations have on systems and for children, youth and families across the nation.

This year, the Workgroup completed development of the Data Collection Tool, incorporating feedback from family leaders to streamline an initial 5 question tool that is available to family-run organizations through the new Data Entry Portal on the FREDLA website. Having this new feature on our website provides a starting point for a national repository of data on the important work of FROs.

If you would like to help FREDLA to tell the story of the work being done by family-run organizations throughout the country, as well as have a simple tool to highlight the impact of your organization, **ENROLL TODAY!** <http://www.fredla.org/interest-form/>

FUNDING OPPORTUNITIES

Appalachian Community Fund: LGBTQ Initiative

The Appalachian Community Fund encourages grassroots social change in Central Appalachia (eastern Tennessee, eastern Kentucky, southwest Virginia, and all of West Virginia). The Fund's LGBTQ Initiative is

designed to support LGBTQ organizational building, strengthen lesbian and gay community institutional resources, and build capacity for LGBTQ organizing efforts. Requests for grants ranging up to \$2,000 may be submitted throughout the year. For more information, visit the website at:

<http://www.appalachiancommunityfund.org/glbtc-initiative/>

The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Mental Health Services (CMHS) is accepting applications for the fiscal year 2017 program **Cooperative Agreements for the Expansion and Sustainability of the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances** (Short title: System of Care (SOC) Expansion and Sustainability Cooperative Agreements). The purpose of this program is to improve behavioral health outcomes for children and youth (birth-21) with serious emotional disturbances and their families. For more details, visit: <http://www.samhsa.gov/grants/grant-announcements/sm-17-001>

WEBINARS

The Successful Foundation Grant Development: Managing the Entire Process **Wednesday, December 14, 2 - 3:30 p.m. ET**

Join this SAMHSA webinar to learn more about free grant research and tools, dynamic proposal development, and relationship management that will steer you and your team to identifying the right funding partners and keeping them engaged in your work. To register: https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1535628873& charset =utf-8

OPPORTUNITY FOR FAMILY VOICE

***Pediatrics Journal* Now Accepting Articles Co-Authored by Patients, Families, and Providers**

Pediatrics, the peer-reviewed journal of the American Academy of Pediatrics, has expanded its criteria to accept "Family Partnerships" articles that reflect the joint perspective of patients, families, and health care professionals. The journal seeks articles written collaboratively on topics related to children's health. Accepted articles will be made available without charge to the general public. [Read more.](#)

CHECK OUT THESE NEW RESOURCES

- **The NITT-TA Center Communication and Referral Pathways Toolkit (CRP Toolkit):** The Toolkit is designed to help service-providing agencies and their partners develop and enhance effective pathways for use within and across organizations serving youth and young adults of transition age. **Shareable link:** <http://tinyurl.com/NITT-CRP-Toolkit>
- The **Annie E. Casey Foundation** article on **Policy and Practices to Best Serve LGBTQ Youth in Foster Care**: As the child welfare field responds to the growing number of older youth who are coming into foster care, new research, policies, and practices are emerging that show how child welfare agencies can most effectively serve those who are lesbian, gay, bisexual, transgender, and questioning (LGBTQ).
- **Pathways RTC AMP's Top Ten Tips for Engaging with Young People**. This tip sheet provides information on how to engage successfully with youth, using specific examples to illustrate effective (and ineffective) communication.

- The Substance Abuse and Mental Health Services Administration (SAMHSA) **Youth Engagement Guidance**. This publication details strategies, tools, and tips for supportive and meaningful youth engagement in federal Government-sponsored meetings and events. It includes resources for a youth services approach, youth development, youth leadership, civic engagement, and youth organizing.
- The U.S. Department of Labor's Office of Disability Employment Policy new webpage focused on mental health related employment policies, workplace supports and other accommodations for employees. These resources are available to help ensure that employer's disability-related policies and practices take into consideration the needs of people with mental health conditions. The Bazelon Center's "Getting to Work: Promoting Employment of People with Mental Illness" is one of the featured resources. **Visit the new page at:** https://www.dol.gov/odep/topics/Mental_Health.htm
- **New on Kidsdata.org: Data on Childhood Adversity, Resilience** Childhood adversity, sometimes referred to as ACEs (Adverse Childhood Experiences) has come to be seen as an urgent public health crisis. The higher the number of traumatic events a child experiences, the more long-lasting impacts those events may have on the child's physical, mental, and emotional health. On October 19, kidsdata.org posted 56 indicators related to adversity and resilience. See the [Childhood Adversity and Resilience](#) data.

IN CASE YOU MISSED IT...

Monthly Minute: SOC for Children with Co-Occurring Developmental and Behavioral Health Disorders
https://www.youtube.com/watch?v=8Zx8JoLSWrU&feature=em-subscription_digest

This **Behavioral Health Disparity Impact Statements (BHDIS)** webinar was focused on SAMHSA's requirements which are used to identify disparate populations served by organizations and systems of care. Participants gained a greater understanding of the importance of BHDIS, how to gather data, and methods to utilize the statements for ongoing service development/continuity. **SAMHSA grantees are required to submit BHDIS within 60 days of new awards.** Office hours will be made available for grantees over the next couple of weeks by Dr. Peter Gamache (peter.gamache@gmail.com) for BHDIS assistance.

Altering the Course: First Episode Psychosis Intervention is now available **ON DEMAND!** This informative webisode explores ways to support youth and young adults who may be in the early phase of psychosis, or are experiencing First Episode Psychosis. Behavioral health experts discuss evidence-based strategies to address both the prodromal phase and FEP, and share available resources to help children, youth, families, and caregivers. **Knowledge Network for Systems of Care TV (KSOC-TV)** is a web-based technical assistance program featuring behavioral health experts discussing cutting-edge issues in children's mental health.

National Children's Mental Health Awareness Day 2016 – Final Report Released!

The 2016 Final Report features the stories behind the communities and organizations who work hard every day to make sure children, youth, and young adults with behavioral health challenges can access the services and supports they need. To access, visit: <https://www.joomag.com/magazine/2016-awareness-day-final-report/0302348001475779830?short>

Education: Video Short

This 10 minute video is an excerpt from SAMHSA's 2016 National Children's Mental Health Awareness Day national event webcast. Consider integrating the video into your outreach efforts with schools and education stakeholders. The video can spark a conversation about how school systems can work with youth and family leaders, as well as behavioral health providers, to ensure students have access to mental health services and supports on campus.

Potential audiences for the video:

- Families/caregivers
- Youth
- School policy decision makers
- School staff members



Visit samhsa.gov/children for discussion questions to go along with the video.

To view: <https://www.youtube.com/watch?v=CYW2KYf1nA4&feature=youtu.be>