

# Great Ideas for Family Leaders – September 2016

*Dear Family Leaders,*

*Knowing how busy your schedules are and how family-run organizations have limited travel funds, FREDLA decided to tailor our Annual Meeting to meet your needs. We're calling it a "no flights, no fees, no fuss" Annual Meeting for busy family leaders – like you!*

*Grab a beverage of your choice (and maybe a snack) and log on to your computer for FREDLA's LIVE Virtual Annual Meeting on October 13<sup>th</sup> at 3 pm – 4:30 pm ET. It will be the best 90 minutes of your week!*

*Gary Blau, Ph.D., Chief of the Child, Adolescent & Family Branch of the Center for Mental Health Services, will update us on SAMHSA news and Scott-Bryant Comstock will inform us about important mental health federal legislation that is being considered in Congress.*

*There will also be results of FREDLA's Board of Director's election and a preview of upcoming events that are planned for family leaders in the coming year.*

*Everyone is welcome to join – family leaders, board members, staff, volunteers, and anyone with a passion for children's mental health.*

*Just click here to register.*

<https://www.eventbrite.com/e/2016-fredla-virtual-annual-meeting-tickets-27690067738>

*The first 25 individuals who register for the 2016 FREDLA Annual Meeting will receive FREDLA's new leadership magnet by mail!*

*Hope to see you on October 13<sup>th</sup>!*

*Jane Walker*

*FREDLA*

**LEARNING COMMUNITY FOR FAMILY LEADERS**

## **Strategies for Family Organizations to Use Data & Evaluation**

***Thursday, September 29, 3-4:30 p.m. ET***

Nationally, family-run organizations employ a wide range of documentation, from pen and paper to sophisticated EHRs. Regardless of capacity, it is important to collect basic data on services and outcomes, as well as use this data to strengthen the organization and work in the community. This Learning Community focuses on strategies for data collection and data-driven decision making in family-run organizations.



### **What Family-Run Organizations Need to Know about Early Onset Psychosis**

***Thursday, October 27, 3-4:30 p.m. ET***

The symptoms of early onset psychosis can be subtle when they appear in children and adolescents. Family-run organizations need to understand early onset psychosis and how to help families access intervention programs in their communities. Program directors and parent peer support providers will gain valuable information and resources on this webinar.

### **Building Bridges Initiative and How Family-Run Organizations can Get Involved**

***November 17, 3-4:30 p.m. ET***

Family-run organizations often work with families, who are caring for a child who may be eligible for services from an out-of-home program. This webinar will discuss the creative ways in which family-run organizations can partner with residential and community providers to support use of these best practices, with a special emphasis on successfully engaging families

## **CONFERENCES**

### **National Federation of Families for Children's Mental Health ~ 27<sup>th</sup> Annual Conference**

***November 10-13, 2016***

***Phoenix, Arizona @ Hyatt Regency***

The National Federation's 27<sup>th</sup> Annual Conference will feature many great workshops and speakers this year, joining hundreds of mental health advocates and professionals from across the nation as they work to educate and empower children, youth, and families!

**To register, click here.**

**<https://www.eventbrite.com/e/27th-annual-conference-registration-25645265680>**

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### **30<sup>th</sup> Annual Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health**

***March 5-8, 2017***

***Tampa, Florida***

### **Call for Proposals – Deadline: October 28, 2016 by 5pm**

The 2017 conference will mark the 30th year that the Department of Child & Family Studies at the University of South Florida in Tampa has hosted a conference focused on cutting-edge research and best policy practices for child, adolescent, and young adult behavioral health. **Here is your chance to be a part of this important conference!** The Conference Planning Committee invites you to [submit proposals](#) for research benefiting children, youth, and their families. For a full list of special interest topics, [click here](#).

**<https://precis2.preciscentral.com/Public/UserLogin.aspx?P=D805325BAA88D2EA4BE8FFD7544C6325&ID=B95DFBE0A747D6AF&RID=43093>**

## FUNDING OPPORTUNITY

### **ALKERMES Grants**

Alkermes, a pharmaceutical company, will award up to \$1 million in grants for the development or expansion of innovative programs to support the mental health and addiction communities in two key areas:

- Improving or enhancing systems of care
- Integrating the perspective of people affected by mental illness or addiction into drug development or care delivery

The submission period will be open from September 12 – October 7 and grants will be awarded to selected organizations in November 2016. Eligible non-profit organizations may apply for grants of up to \$25,000 (Emergence Grant) or up to \$100,000 (Innovation Grant). Multiple submissions are permitted.

Applications Due: 10/07/16

## CARA SIGNED INTO LAW

On Friday, July 22, 2016, President Obama signed the Comprehensive Addiction and Recovery Act (CARA) into law. As a result of CARA being signed into law, family-run organizations working with families whose youth and young adults have a substance use disorder will soon have access to:

- Specialized, community-based treatment programs for youth with substance use disorders
- Community-based education and prevention efforts
- Recovery supports for communities, schools and higher education
- Training for law enforcement to divert youth with substance use disorders.

## WEBINARS

### **KSOC TV: Altering the Course: First Episode Psychosis Intervention, September 26 from 2-3 p.m. ET.**

The upcoming webisode will explore strategies for supporting youth and young adults who may be in the early phase of psychosis or are experiencing First Episode Psychosis.

<https://www.youtube.com/watch?v=nxCy-88hRXE>

## RESOURCES

### **Communications Module Series from the National Resource Center for Mental Health Promotion & Youth Violence Prevention**

A series of interactive, self-paced learning modules on a strategic approach to communication planning that is designed to enhance program success and sustainability.

[http://www.healthysafechildren.org/learning-module-series/communication-module-series?utm\\_source=healthysafechildren.org&utm\\_medium=social&utm\\_term=September 2016](http://www.healthysafechildren.org/learning-module-series/communication-module-series?utm_source=healthysafechildren.org&utm_medium=social&utm_term=September%2016) [Facebook](#)

The [\*\*Impact of the Affordable Care Act \(ACA\) on LGBTQ Youth Experiencing Homelessness\*\*](#), an issue brief from the Center for American Progress, offers an overview of how sexual minority youth may be uninsured due to biological family rejection, and provides an overview of the ways in which the ACA, especially the expansion of state Medicaid programs, helps LGBTQ young people without homes gain access to the health care they need.

### **National Alliance on Mental Illness and The Jed Foundation Release "Starting the Conversation: College and Your Mental Health."**

The National Alliance on Mental Illness (NAMI), in partnership with The Jed Foundation (JED), has released "Starting the Conversation: College and Your Mental Health," a guide to help students and parents talk about mental health. This is a timely publication for families with young adults heading off to college.

### **Racial and Ethnic Disparities in Mental Health Care for Children and Young Adults: A National Study**

The researchers examined racial and ethnic disparities in children's and young adults' receipt of mental health and substance abuse care. Disparities were larger for young adults than for children. One of the troubling conclusions is that psychiatric and behavioral problems among minority youth often result in school punishment or incarceration, but rarely mental health care.

The Child Welfare Information Gateway's Related Organizations' list, [\*\*Advocacy and Support Organizations for Lesbian, Gay, Bisexual, Transgender, and Questioning \(LGBTQ\) Communities\*\*](#), is now live! This contact list includes national organizations with a mission to support, represent, and advocate for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) groups, which share a focus on child and youth welfare issues.

Maine, Massachusetts, Wisconsin, New Hampshire, and Minnesota were the nation's top performing states when it comes to health care quality, according to AHRQ's updated [\*\*State Snapshots\*\*](#). This online tool is an interactive resource that provides state-level data showing how all 50 states and the District of Columbia performed on more than 250 measures related to health care quality and access.

## IN CASE YOU MISSED IT

Visit and subscribe to [The SOC TA Network](#), which is the TA Network's YouTube channel that can be used to access past LC webinars, Monthly Minute videos, and more.

Watch the [Social Marketing and Sustainability webinar](#), which focuses on the social marketing planning process and provides insights into the importance of social marketing and communications for system of care sustainability.

FREDLA hosted a learning community for family leaders, [Family Driven Care Across Systems](#), which discussed the roles families play in the care of their own children, as well as the policies and procedures governing care for all children in communities, states, tribes, territories and throughout the nation.

### **The Effectiveness of Peer Support Services: Highlights from the Research** by BRSS TACS

This webinar shared highlights of research on the effectiveness of peer recovery support services for mental health conditions and substance use disorders. Presenters described the results of two recent systematic reviews on the effectiveness of peer-delivered recovery support services for mental health conditions and substance use disorders. They also discussed the state of research on peer recovery service, limitations and challenges of the current body of research, and recommendations for future research.

[Watch the archived event here.](#)

### **Nonprofit Full Costs Realized: How 2 Nonprofits Transformed their Budgets**

This webinar provides lessons on:

- How to build a common embrace of the full costs framework within your nonprofit;
- A grounded look at the full cost framework: Day-to-day operating expenses + working capital + reserves + fixed asset additions + debt principal repayment = full costs – at work;
- How to speak to funders about the need for full cost coverage.

[https://nonprofitquarterly.org/2016/09/20/nonprofit-full-costs-realized-2-nonprofits-transformed-budgets/?utm\\_content=38105343&utm\\_medium=social&utm\\_source=facebook](https://nonprofitquarterly.org/2016/09/20/nonprofit-full-costs-realized-2-nonprofits-transformed-budgets/?utm_content=38105343&utm_medium=social&utm_source=facebook)