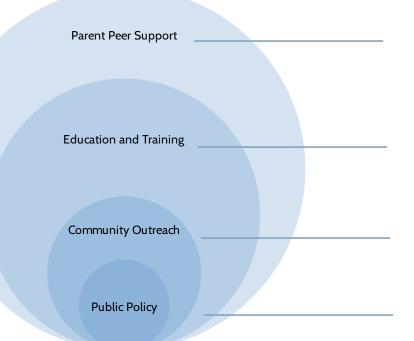
### **FREDLA**

# FAMILY-RUN ORGANIZATIONS

Over 120 family-run organizations nationally supporting more than 109,000 families each year

### **Supporting Families**

caring for a child/youth with mental, emotional or behavioral health needs



### **Strengthening Communities**

#### ROLES OF FAMILY-RUN ORGANIZATIONS

#### **Parent Peer Support**

Information and referral Family navigation One-to one support for families One-to-one support for youth Support groups

#### **Education and Training**

Train families and youth Train child-serving systems Train professionals Conduct conferences

#### **Community Outreach**

Community resource fairs
Social media
Children's Mental Health Awareness

#### **Public Policy**

Identify needs
Participate in program design
Participate in evaluation
Recruit and train family
leaders

#### Lived Experience

Board and staff are primary caregivers of a child/youth with mental, emotional or behavioral health needs

### Family Driven

Families participate in decisions about their child as well as policies for all children

## Cross-System Partnership

Organizations serve and collaborate with all child-serving systems

# **Culturally Responsive**

Organizations reflect the diversity and culture of their states and communities

# **Empowering** Families

Organizations build on unique strengths and resiliency of children and families