



Great Ideas for Family Leaders

Dear Family Leaders,

FREDLA has been working for you!

During the summer months, FREDLA provided input into two major SAMHA initiatives: Core Competencies for Peer Support and Crisis Services. We sought your input through conference calls and online surveys to carry your voices to the halls of SAMHSA. You can read more about each of these initiatives below.

When we come together our voices are stronger and the FREDLA Annual Meeting on September 10-11 is the perfect opportunity to come together.

This is not a meeting filled with workshops! It is a time to pull all of our leaders together to strategize about the future of family-run organizations. This will truly be an interactive, family-driven meeting as we collectively develop a national strategy to promote, strengthen and sustain family-run organizations.

Join us for this national dialogue and strategy session. We need your ideas and voice!

Registration information is below.

Hoping to see you in September,

*Jane Walker
Executive Director
FREDLA*

2015 FREDLA ANNUAL MEETING - REGISTRATION NOW OPEN!

The FREDLA Annual Meeting on September 10 and 11 is an event you won't want to miss! Our theme is:

Creating a Unified Vision for the Future of Family-Run Organizations

We begin with a dinner or Thursday evening when we all come together for networking and reconnecting with family leaders across the country. Friday starts with Sheila Pires giving us a national perspective on the changing healthcare landscape followed by a national dialogue on creating a vision for the future of family-run organizations. This is your chance, as a family leader, executive director, or board member, to have a voice in creating the vision. It is always electric when we are in a room together and the ideas and passion are flowing. Make sure you are part of the process.

To access registration materials with information to make your hotel reservations, click here: <http://fredla.org/>

RESIGNATION OF SAMHSA ADMINISTRATOR, PAM HYDE

As this edition of Great Ideas is being written there is news of the resignation of SAMHSA Administrator, Pam Hyde effective August 22, 2015. Administrator Hyde was appointed by President Obama and has held that position for six years. You can read Pam Hyde's comments on the SAMHSA blog.

http://blog.samhsa.gov/2015/08/04/you-make-samhsa-rock/#.VcUAE_IVikp

FREDLA and its member organizations wish Administrator Hyde all the best as she returns to her home in New Mexico.

SUMMARY OF SURVEY OF FAMILY-RUN ORGANIZATIONS AND CRISIS SERVICES FOR CHILDREN AND YOUTH

In July, SAMHSA held a two-day meeting to discuss crisis services. To ensure that family-organizations had input into the discussion, FREDLA conducted a 10-question survey of family-run organizations in June to get a snapshot of what crisis services are available and in what way family-run organizations may be involved in their crisis system for children and youth. A total of 18 organizations representing 16 states responded to the survey. You can download a copy of the report on the FREDLA website. www.fredla.org

The report was distributed to numerous departments within SAMHSA.

Based on the survey results, FREDLA made the following recommendation to SAMHSA:

FREDLA recommends that a pilot program be developed that would provide funding for family-run organizations to develop model crisis parent peer support services, similar to the adult model programs which have proven to be effective and reduce the need for more costly inpatient hospitalization and out-of-home services. FREDLA and its member organizations would be available to assist in any way in developing the concept for such a model crisis parent peer support program.

STANDARDS OF EXCELLENCE FOR FAMILY-RUN ORGANIZATIONS

FREDLA recently released the Standards of Excellence for Family-Run Organizations. The Standards were developed with support from SAMHSA and with input family leaders across the country. The Standards bring together into one document all aspects that a non-profit organization must consider - but from the perspective of a family-run organization. These 12 Standards provide guideposts for family organizations to meet legal and business requirements while still upholding the values that are the foundation of every family organization. You can download the Standards of Excellence on the FREDLA website at www.fredla.org.

CORE COMPETENCIES FOR PEER SUPPORT

In April, SAMHSA released a draft set of core competencies for peer support providers and invited public comment. You can see the draft core competencies on the SAMHSA website:

<http://store.samhsa.gov/CoreCompetencies/feedback/index.html>

FREDLA convened a national conference call and developed a letter of response with major recommendations around language used in the draft:

1. Using "recovery/resilience/wellness" instead of just "recovery"
2. Using "peer support provider" to distinguish those who are providing services
3. Using "adult/youth/family" to designate those receiving support.

Trina Osher spent a great deal of time re-writing the draft core competencies using family and youth friendly language and adding many of the values and practices using in the children's mental health world. This revision was also submitted to SAMHSA. You can access both FREDLA's letter to SAMHSA and the revised competencies submitted to SAMHSA on the FREDLA website. www.fredla.org

SAMHSA also held three regional meetings for discussion of the draft core competencies. Many FREDLA members were invited to participate in the meetings held in Atlanta, GA: May 19-20, 2015; Portland, OR/Vancouver, WA June 23-24, 2015; and Baltimore, MD: July 29-30, 2015. At each of those meetings family leaders reinforced the concerns raised by FREDLA members and also reiterated that core competencies for parent peer support providers have been developed and are currently being used for certification of parent peer support providers. All of this feedback has been relayed to SAMHSA. FREDLA will keep you posted as things develop.

RESOURCES

Financing Brief - *Implementation of Health Reform for Children's Mental Health*

The brief presents the results of a scan of states that explored activities for the implementation of the Affordable Care Act (ACA) through the lens of children, youth, and young adults with mental health conditions and their families. Learn what states are doing and how implementation has progressed over the last three years.

http://gucchd.georgetown.edu/products/FincanceBrief_HealthReform.pdf

Financing Brief - *Implementation and Financing of Home- and Community-Based Services for Children's Mental Health*

This brief presents the results of a scan of states that explored which home- and community-based services they provide and how they are financed. The services assessed are those described in a joint informational bulletin released in 2013 by the federal Centers for Medicare and Medicaid Services (CMS) and the Substance Abuse and Mental Health Services Administration (SAMHSA). Learn which of these services and supports are being implemented by states and how they are being financed.

http://gucchd.georgetown.edu/products/FincanceBrief_HealthReform.pdf

The Mental Health and Juvenile Justice Collaborative for Change Resource -

Juvenile Diversion Strategies and Models

The resource package contains examples from the field and comprehensive lists of key websites and critical resources for practitioners to learn about strategies that can be implemented in their own jurisdictions. To view, visit:

<http://cfc.ncmhjj.com/resources/diversion-strategies/all-resources/>

The New Jersey Parents Caucus, Inc. recently released a data brief examining youth who were incarcerated in the adult prison system from 2007 through 2015. Key findings from this examination include racial disparities in sentencing, due process concerns, and a lack of community-based treatment options available to youth before they were incarcerated. To view the data brief,

http://www.newjerseyparentscaucus.org/documents/NJPC_YJI_DataBriefFinal.pdf

Trauma-Informed Care: Opportunities for High-Need, High-Cost Medicaid Populations

This Center for Health Care Strategies (CHCS) brief provides an introduction to trauma-informed care and describes how this approach to care can be adopted to better serve Medicaid populations, including examples from three innovative programs.

To download the brief, click here:

<http://www.chcs.org/resource/trauma-informed-care-opportunities-high-need-high-cost-medicaid-populations/>

NAMI TOOLKIT - LET'S GET TEENS TALKING

NAMI with support from SAMHSA has developed a project designed to get teens talking about mental health. The project, *Say it Out Loud*, consists of a toolkit that provides everything needed to engage teens in a conversation about mental health. It includes a short film with the ten common warning signs and three youth sharing their stories, a guide on how to conduct a successful discussion with teens, fact sheets to share with participants and more. The entire toolkit is accessible online and can easily be downloaded at www.nami.org/sayitoutloud.

CALL FOR PROPOSALS

National Council for Behavioral Health ~ 2016 Call for Presentations Now Open

Deadline: September 14, 2015

The National Council will host Conference '16, in Las Vegas, NV, March 7-9, 2016. Proposals are being solicited for 1 hour workshops. FREDLA presented at last year's conference and we want to encourage more family organizations to consider submitting proposals this year. The National Council is very interested in having greater participation by family members.

Put your best idea forward! Submit a proposal through the online system by Monday, September 14, 2015. The National Council receives hundreds of proposals and will consider both presentation content and speaking expertise in the selection process, with priority given to practical, real-world innovation initiatives, new ideas, tools, techniques, technologies and processes that address innovation in the delivery of behavioral health services.

<http://www.thenationalcouncil.org/call-for-presentations/>

JOIN FREDLA!

Are you a member of the Family-Run Executive Director Leadership Association (FREDLA) yet? If not, join NOW! Visit FREDLA's website at <http://fredla.org/join-us/> and download the membership form. Don't delay - become a member today and join a growing group of family leaders committed to the leadership development and organizational capacity of Family-Run Organizations!

***Thanks for reading Great Ideas for Family Leaders!
Don't forget to send us your Great Ideas - they are always welcome!***

***Send to Malisa Pearson, Project Coordinator
mpearson@fredla.org***

FREDLA is a core partner of the National Training and Technical Assistance Center for Child, Youth and Family Mental Health (NTTAC), operated by the National Technical Assistance Network for Children's Behavioral Health (TA Network), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, Child, Adolescent and Family Branch.