



# Great Ideas for Family Leaders

*Dear Family Leaders,*

*The FREDLA community of family organizations is growing. By that I mean that membership is getting bigger, but also our network is growing stronger. So many of you help us and each other by participating on webinars as presenters and getting involved to work on specific topics or expert panels. For example, in the last few months, almost 40 family leaders participated on calls with SAMHSA's 9 Regional Administrators and 13 family leaders participated on calls to review and provide input into SAMHSA's proposed core competencies for peer support. You ARE making a difference! Thank you for all you do to make our collective voices stronger, more unified and louder - from the local level to the state level and to the federal level.*

*Jane Walker  
Executive Director  
FREDLA*

## NEWS

### Statewide Family Network Grantees

Congratulations to the five new Statewide Family Network grant awardees! The SAMHSA Statewide Family Network Program is the only SAMHSA grant initiative designed specifically for family-run organizations. As of July 1, 2015, there will be 34 statewide family networks across the country, including the five new grantees listed below.

- Family Involvement Center - Arizona
- Mental Health Transformation Alliance - Tennessee
- Mountain State Parents Can - West Virginia
- Oregon Family Support Network - Oregon
- Parents, Lets Unite for Kids, Inc. - Montana

### Family Run Executive Director Leadership Association (FREDLA) Receives \$15k Award from the Patient Centered Outcomes Research Institute (PCORI)

FREDLA is pleased to announce it has been awarded \$15,000 from the Patient Centered Outcomes Research Institute (PCORI) to begin developing a study measuring the impact of family peer support provider services. PCORI Pipeline to Proposal Awards enable individuals and groups that are not typically involved in clinical research to develop the means to develop community-led funding proposals focused on patient-centered comparative effectiveness research (CER).

## UPCOMING EVENT

### The Building Bridges Initiative 2015 Summer Training Event ~ August 5 - 7, 2015

Systems of Care are all about keeping children in their homes with their families. So, it seems like a violation of our beliefs to think about residential treatment for children. But, for many reasons, there are times when residential treatment may be the best course of treatment for a child. Building

Bridges is an initiative that aligns residential treatment to the Systems of Care core values and principles. The purpose of this training event is to support the use of best practices in residential and community services that result in sustained positive outcomes – discharge for youth and families receiving residential interventions.

For more information, click:

<http://files.ctctcdn.com/57c33206301/ff76ee84-206f-4f28-8d23-85a26029e986.pdf>

## WEBINARS

### **Effective Supervision Strategies - Parent Support Providers**

Monday, June 8, 2015 2PM EDT - 3:30PM EDT

Supervision is the glue that holds programs together and is critical to delivering consistent, high quality peer support services for families. Join us on this webinar to explore different models of supervision being utilized by family run organizations and key strategies for supervising family member staff. Presenters will include supervisors of Parent Peer Support staff and the developer of a new supervision curriculum.

#### **Presenters:**

Regina Crider, Youth & Family Peer Support Alliance, Illinois

Toni Donnelly, Family Involvement Center, Arizona

Lisa Conlan, Parent Support Network of Rhode Island

Millie Sweeney, Family Solutions Consulting, LLC

To register, click:

[https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event\\_landing.html?sco-id=1251245748](https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1251245748)

### **Standards of Excellence for Family-Run Organizations**

Tuesday, June 30, 2015 2:30PM EDT - 4:00 PM EDT

What makes a good family-run organization? The Family Run Executive Director Leadership Association (FREDLA) has developed Standards of Excellence for Family-run Organizations to set a high bar for family-run organizations to achieve as a means of promoting stable and sustainable organizations that positively impact the lives of children, youth and families. FREDLA believes that the standards will strengthen individual organizations and our community of professional family-run organizations.

Balancing passion with business practices may appear to be in conflict with one another, but the concepts are, in fact, complementary to each other and strengthen all aspects of a family-run organization. This webinar will explore the categories of standards and the recommended steps to meet the Standards of Excellence.

To register, click:

[https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event\\_landing.html?sco-id=1251245748](https://events-na11.adobeconnect.com/content/connect/c1/1120832267/en/events/event/shared/1159765005/event_landing.html?sco-id=1251245748)

### **“Open Discussion: Building the Foundation for a Youth MOVEMENT of Peer Support Webinar Series”**

June 10, 2015 ~ 1:00pm – 2:00pm ET

To register, click:

<http://gucchdtacenter.georgetown.edu/resources/TAWebinars.html>

### **“Medicaid Financing Options for Wraparound, and for Parent and Youth Peer Supports (and How to Support Related Leadership Training and Advocacy)”**

June 18, 2015 ~ 3:00pm – 4:30pm ET

Brianne Masselli from Youth M.O.V.E. National and a team from Mississippi to include Jennifer Grant from the Division of Medicaid, as well as Sandra Parks from the Department of Mental Health, will be presenting.

To register, click:

<http://gucchdtacenter.georgetown.edu/resources/TAWebinars.html>

## **FUNDING OPPORTUNITIES**

### **Statewide Peer Networks for Recovery and Resiliency**

RFA Number: SM-15-013

Application Due Date: Tuesday, June 23, 2015

This SAMHSA grant program is designed to create and/or enhance statewide networks that represent mental health and addictions recovery communities to improve access to and the quality of behavioral health systems, services, treatment and recovery supports statewide. This grant is designed to bridge and unify three existing networks: recovery networks for adult mental health consumers; families of children with serious emotional disturbance and youth; as well as those in recovery from addictions. Current SAMHSA-funded Recovery Community Services Program-Statewide Networks (RCSP-SNs), and current and formerly-funded Statewide Consumer Networks (SCNs) grants and Statewide Family Networks (SFNs) will work together to enhance and promote cross-service system, peer workforce, and infrastructure development that is recovery-focused and resiliency-oriented.

Eligible applicants are current SAMHSA-funded SCNs, SFNs, and RCSP-SNs in the ten states where there is an RCSP-SN award (see Appendix III of the RFA). For more information, click:

<http://www.samhsa.gov/grants/grant-announcements/sm-15-013>

### **CMS Funding: Apply for Navigator Grants**

A new funding opportunity is available from the Centers for Medicare & Medicaid Services (CMS) to support Navigators in Federally Facilitated Marketplaces (FFM), including State Partnership Marketplaces. Navigators provide objective information about health coverage to consumers to help them make the best possible choice.

The grant is open to eligible individuals, as well as private and public entities, applying to serve as Navigators in states with an FFM. Grantees will be selected for a 3-year project period. A total of up to \$67 million is available for the first year of the award.

The deadline to apply is June 15, 2015.

<http://www.grants.gov/web/grants/search-grants.html?keywords=Navigator>

## **RESOURCES**

### **Toolkit for Expanding the Systems of Care Approach**

This user-friendly toolkit includes information and resources developed to support the widespread expansion of the system of care approach for children, youth, and young adults with mental health challenges and their families. It provides a strategic framework for system of care expansion and guides for strategic planning, implementing expansion strategies, financing, and performance and outcome measurement. Family organizations can use this toolkit to work within their systems to ensure that the composition of planning team includes families and youth. Worksheets and tools for self-assessment and outcome measurement are included.

To download, click:

<http://gucchd.georgetown.edu/products/ToolkitSOC.html>

### **Leading with Intent: A National Index of Nonprofit Board Practices**

*Leading with Intent: A National Index of Nonprofit Board Practices* is the only survey to gather information from both chief executives and board chairs on their experiences in the nonprofit boardrooms of America. Who serves on nonprofit boards? How are boards structured? What are their policies and practices? What challenges them? Are they providing the leadership needed? The answers to these and many more questions can be found in *Leading with Intent*. And because BoardSource has been conducting a version of this survey approximately every two years since 1994, *Leading with Intent* also enables us to answer the question, How are nonprofit boards changing over time?

To access the full report, click:

<http://leadingwithintent.org/>

### **JOIN FREDLA!**

Are you a member of the Family-Run Executive Director Leadership Association (FREDLA) yet? If not, join NOW! Visit FREDLA's website at <http://fredla.org/join-us/> and download the membership form. Don't delay – become a member today and join a growing group of family leaders committed to the leadership development and organizational capacity of Family-Run Organizations!

***Thanks for reading Great Ideas for Family Leaders!  
Don't forget to send us your Great Ideas – they are always welcome!***

***Send to Malisa Pearson, Project Coordinator  
[mpearson@fredla.org](mailto:mpearson@fredla.org)***

The logo for Fredla, featuring the word "fredla" in a bold, blue, lowercase sans-serif font. A yellow brushstroke underline is positioned beneath the letters "redla".