



Great Ideas for Family Leaders

Dear Family Leaders,

The FREDLA Board of Director's is pleased to announce that FREDLA is a partner with the new National Technical Assistance Center (NTAC) for Children's Behavioral Health in partnership with 13 universities & organizations. This is a distinguished group of experts in the field. Their commitment to the values of family-driven and youth-guided care is unwavering and is evident in all aspects of the NTAC. See the article below for a listing of the partners.

We are also happy to welcome Millie Sweeney to the FREDLA staff as Project Coordinator. Throughout the past year, Millie has been a consultant with FREDLA working on special projects such as the Data Collection Project and the PCORI Research grant. As of November 1, Millie is a full-time staff member of FREDLA and we couldn't be more pleased to have her join our team with Malisa Pearson.

December 1 is #Giving Tuesday, a day when instead of shopping online, people are encouraged to give online. This year, FREDLA is participating in #Giving Tuesday so look for emails, postings on FB and tweets. FREDLA needs your support to do the important things that can't be done with federal funding. You can read more about Giving Tuesday below. If your organization is not signed up, it's not too late!

Jane Walker
Executive Director
FREDLA

New National Technical Assistance Center for Children's Behavioral Health

FREDLA is pleased to be part of a new contract awarded to the University of Maryland School of Social Work (SSW) by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, Child, Adolescent and Family Branch to serve as the **National Training and Technical Assistance Center for Child, Youth and Family Mental Health**, operated by the **National Technical Assistance Network for Children's Behavioral Health (TA Network)**.

SAMHSA combined the former Georgetown Technical Assistance Center, the American Institute for Research (AIR) Technical Assistance Center and the University of Maryland Technical Assistance Center into one new \$33 million federal contract for training and technical assistance center for children's behavioral health. The University of Maryland School of Social Work was awarded the contract and serves as the coordinating entity and centralized contact for The TA Network. FREDLA is a core partner in the TA Network and is the lead for family organizations and leadership. Members of the Network include:

- *University of Maryland, Institute for Innovation and Implementation
- *Case Western Reserve University, Center for Innovative Practices
- *The Center for Health Care Strategies, Inc.

- *The Family-Run Executive Director Leadership Association (FREDLA)
- *Georgetown University Center for Child and Human Development Center
- *Human Service Collaborative
- *Management & Training Innovations
- *The National Indian Child Welfare Association (NICWA)
- *Tufts Medical Center
- *Policy Research Associates, National Center for Mental Health and Juvenile Justice (NCMHJJ)
- *Portland State University
- *University of South Florida, College of Community and Behavioral Science, Department of Child and Family Studies, in partnership with The Center for Community Learning and Selena Webster-Bass
- *University of Washington
- *Youth M.O.V.E. (Motivating Others through Voices of Experience) National.

The new TA Center will be providing technical assistance and training to System of Care grantee sites and also to non-system of care sites. In addition to its core partners, the TA Network includes a rich, diverse group of advisors, consultants and other resource organizations. The TA Network has extensive expertise in cultural and linguistic competence; family and youth engagement and leadership; Tribal systems of care support; policy, system design, and financing; clinical best practices, Wraparound, and workforce development; and, early intervention and behavioral health integration.

FREDLA New Officers and Board Members

At FREDLA's Annual Membership Meeting held on September 10, 2015, the following officers were announced:

President ~

Gail Cormier, Executive Director, North Carolina Families United

Vice-President ~

Paige Pierce, CEO, Families Together in New York State

Secretary ~

Hugh Davis, Executive Director, Wisconsin Family Ties

Treasurer ~

Jane Kallal, Executive Director, Families Involved Together, Arizona

In addition to the officers, the following individuals were elected to the Board of Directors for three-year terms of office:

Lisa Conlan - Executive Director, Parent Support Network of Rhode Island

Darrin Harris - Executive Director, Ekhaya Youth Project, Inc., Louisiana

Joy Hogge - Executive Director, Families as Allies, Mississippi

Elections were held through an online voting process conducted two weeks prior to the Annual Meeting.

For a full list of the FREDLA Board of Director's visit FREDLA's website at www.fredla.org.

#GivingTuesday

The Family Run Executive Director Leadership Association (FREDLA) is excited to be part of #GivingTuesday on December 1, 2015. Following Black Friday and CyberMonday, #GivingTuesday is a global day dedicated to giving back. Last year, more than 30,000 organizations in 68 countries came together to celebrate #GivingTuesday and raised over \$45 million dollars!

Because Family-Run Organizations (FROs) are the key to finding help for so many families, FREDLA's theme for #GivingTuesday is #FROsRTheKey. Your donation will ensure that families caring for a child with mental, emotional or behavioral health needs have a family organization in their state and community to turn to for support, understanding, and hope.



Join us on December 1, 2015, for this global day of giving and make a difference in the lives of children, youth and families! To donate [click here](#) and use the hashtag #FROsRTheKey to tell others why you are donating to FREDLA, how family organizations have helped your family, and how they too can donate!

Participating in #GivingTuesday creates an opportunity to raise discretionary dollars to support the work of your organization. If you would like to sign up your organization to participate in #GivingTuesday, visit <http://www.givingtuesday.org/>.

National Disability Navigator Resource Collaborative

The American Association on Health and Disability (AAHD) is pleased to announce the National Disability Navigator Resource Collaborative (NDNRC) has received funding for a third year. The collaborative will continue to be made possible by an additional one-year grant from the Robert Wood Johnson Foundation. The NDNRC is an initiative aimed at providing cross-disability information and support to Navigators and other enrollment specialists thereby ensuring people with disabilities receive accurate information when selecting, enrolling and/or reenrolling in insurance through the Affordable Care Act Marketplaces.

Go to the NDNRC website (www.nationaldisabilitynavigator.org) for resources such as, the "Guide to Disability for Healthcare Insurance Marketplace Navigators," Fact Sheets, state resources, blog posts, weekly email newsletters, webinars, social media postings, 1:1 navigator technical assistance and meetings/conference presentations. NDNRC has also established Community Outreach Collaboratives (COC) to assist with dissemination of materials and build cross-disability collaboration.

The COCs by region are:

Region #1 - Rhode Island Parent Information Network, Cranston, RI

Region #2 - Center for Independence of the Disabled, NY, New York, NY

Region #3 - NAMI (National Alliance on Mental Illness) Southwest Pennsylvania, Pittsburgh, PA

Region #4 - Lakeshore Foundation, Birmingham, AL

Region #4 - National Multiple Sclerosis Society - North Florida, Jacksonville, FL

Region #5 - Family Voices Indiana, Indianapolis, IN

Region #5 - Wayne State University, Detroit, MI

Region #6 - U of New Mexico Center for Development and Disability, Albuquerque, NM

Region #6 - Bayou Land Families Helping Families, Thibodaux, LA

Region #6 - NAMI Texas, Austin, TX

Region #6 - Texas Parent to Parent, Austin, TX

Region #7 - NAMI Kansas, Topeka, KS

Region #8 - Family Voices Colorado, Centennial, CO

Region #8 - North Dakota Center for Persons with Disabilities at Minot State University in partnership with Family Voices of North Dakota, Minot, ND

Region #8 - The University of Montana Rural Institute, Missoula, MT

Region #9 - Raising Special Kids, Phoenix, AZ

Region #9 - Family TIES of Nevada, Reno, NV

Regions #10 - PAVE Family to Family Health Information Center, Tacoma, WA

Webinar

Safety Without Seclusion and Restraint - Nov. 10, 2015 - 1:30 to 2:30pmEST Hosted by Georgetown TA Center

For several decades, policymakers, clinicians, teachers, school principals, and direct care providers in child-serving systems have been challenged to reduce the use of seclusion and restraint, especially in residential and school settings.

This webinar will feature two of the speakers from a new video on the Georgetown/JBS "Trauma Informed Care: Perspectives and Resources" web-based tool available at <http://gucchdtacenter.georgetown.edu/TraumaInformedCare/> or <http://trauma.jbsinternational.com/traumatool>.

The presenters highlight the importance of avoiding restrictive procedures whenever possible. They will talk about how they have changed their practices and implemented creative methods to keep staff and youth safe without re-traumatizing them. They will also talk about reduced staff turnover, reduced staff and youth injuries, and reduced costs.

To register, [click here](#).

BRSS TACS 2016 Policy Academy

Bringing Recovery Supports to Scale

Technical Assistance Center Strategy (BRSS TACS) 2016 Policy Academy

The theme of the 2016 Policy Academy is *Building and Enhancing Sustainable Recovery-Oriented Systems of Care*. The Policy Academy will assist States, Territories, and Tribal governments to build the systems and implement the strategies needed to better coordinate cross-systems activities, better integrate services, and better ensure that services are tailored to the needs of individuals in recovery and evolve to meet their changing objectives, goals, and needs.

Informational Webinar

Date/Time: Friday, November 6, 2015 from 2:00-3:30 p.m. ET

Description:

This webinar will provide an introduction to BRSS TACS and an overview of the theme and the many benefits of participation in the 2016 Policy Academy, including eligibility for a \$75,000 subcontract.

Presenters will outline the requirements for the Capabilities Statement submission process, describing the components and guidelines for eligibility.

To register, [click here](#).

SAMHSA Announces Excellence Act Planning Grant Award Winners

The Substance Abuse and Mental Health Services Administration (SAMHSA), in conjunction with the Centers for Medicare & Medicaid Services (CMS) and the Assistant Secretary of Planning and Evaluation (ASPE), has awarded a total of \$22.9 million to support states throughout the nation in their efforts to improve behavioral health of their citizens by providing community-based mental and substance use disorder treatment.

Twenty-four states will receive funding as part of the 2014 [Excellence in Mental Health Act](#) demonstration program. When fully implemented, the Excellence Act will infuse over \$1 billion into the behavioral health system, making it the biggest federal investment in mental health and addiction services in generations.

Alaska \$769,015	Missouri \$982,373
California \$982,373	Nevada \$933,067
Colorado \$982,372	New Mexico \$982,373
Connecticut \$982,373	New York \$982,373
Illinois \$982,373	New Jersey \$982,373
Indiana \$982,373	North Carolina \$978,401
Iowa \$982,373	Oklahoma \$982,373
Kentucky \$982,373	Oregon \$728,054
Maryland \$982,373	Pennsylvania \$886,200
Massachusetts \$982,373	Rhode Island \$982,373
Michigan \$982,373	Texas \$982,373
Minnesota \$982,373	Virginia \$982,373

Under the Excellence Act, states will use planning grant funding to prepare for a two-year pilot program. Participating states must establish a network of Certified Community Behavioral Health Clinics that provide a comprehensive array of outpatient mental health and addiction treatment services, crisis care and partnerships with primary care providers and veterans' services, among others. Funding will also be used to establish fair and accurate payment rates through Medicaid to facilitate the provision of services required by the Excellence Act.

First Episode Psychosis

CMS Bulletin - Early Intervention for Youth and Young Adults Experiencing First Episode Psychosis

The Centers for Medicare & Medicaid Services (CMS) released an informational bulletin intended to assist states in designing a benefit package to guide early treatment intervention options that will meet the needs of youth and young adults experiencing first episode psychosis. The bulletin reflects a joint effort with the National Institute of Mental Health (NIMH), Centers for Medicare & Medicaid Services' Center for Medicaid and CHIP Services (CMCS) and Substance Abuse and Mental Health Services Administration (SAMHSA).

To access this bulletin, [click here](#).

Juvenile Court Statistics 2013 - Briefing Book

The Briefing Book is a comprehensive online resource describing various topics related to delinquency and the juvenile justice system, including the latest information on juveniles living in poverty, teen birth rates, juvenile victims of violent crime, trends in juvenile arrest rates, and youth in residential placement facilities.

<http://www.ojjdp.gov/ojstatbb/njcda/pdf/jcs2013.pdf>

Improving Responses to Youth Charged with Status Offenses: A Training Curriculum

The Coalition for Juvenile Justice has created a training curriculum on "Improving Responses to Youth Charged with Status Offenses." Upon completion of the training, and with the aid of reference materials, participants will understand and be able to effectively advocate for and identify how to implement the principles outlined in the *National Standards for the Care of Youth Charged with Status Offenses* in their jurisdiction.

<http://www.juvjustice.org/our-work/safety-opportunity-and-success-project/national-standards/improving-responses-youth-charged>

Funding

Foster/Adoptive Parent Preparation, Training and Development Project

Estimated Post Date: March 28, 2016; Estimated Due Date: May 27, 2016; Estimated Award Amount: \$1,200,000.

For more information, [click here](#).

Sad News...

Passing of Chris Marshall

On Friday morning, October 16th, Chris Marshall passed away with our friend, his Mom, Pam Marshall at his side. Many of you will remember Chris from the conferences and statewide family network meetings he would attend with Pam. He was always enthusiastic and had a beautiful, brilliant smile upon his face.

We ask that you keep Pam in your thoughts and prayers in the days and weeks ahead. If you would like to make a donation in Chris' memory, Pam has asked that they be made to Youth Move in Arkansas. The address is below:

YouthMOVE MOVERS of Central Arkansas

Arkansas Federation of Families for Children's Mental Health

P.O. Box 56667

Little Rock, AR 72115

For anyone wishing to send a card or note to Pam during this difficult time, her address is listed below:

Pam Marshall

1422 South Summit St.

Little Rock, AR 72202

Upcoming Conferences

29th Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health

March 13 - 16, 2016 at the Hilton Tampa Downtown Hotel

The Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health provides a forum where participants can:

- Learn, inform, network, and discuss issues related to research, policy, and practice
- Explore behavioral health topics from a systems and community perspective
- Discover new research and policy ideas that are individualized, community-defined, evidence-based, culturally/linguistically competent, family-driven, and youth-guided

To register for the 29th Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health, click here: <http://cmhconference.com/index.php/registration>

26th Annual National Federation of Families for Children's Mental Health Conference

The National Federation's Annual Conference brings together family members, young adults, and professionals in a safe setting, free from stigma and one that celebrates skills and successes. The National Federation's annual conference generates a large amount of discussion on the current issues and trends pertaining to children's mental health, from the perspective of a family-driven and youth-guided approach.

The 26th Annual Conference will feature many great workshops and speakers this year, joining hundreds of mental health advocates and professionals from across the nation as we work to educate and empower children, youth, and families!

To register, click here: <http://ffcmh.org/conference/registration>

JOIN FREDLA!

Are you a member of the Family-Run Executive Director Leadership Association (FREDLA) yet? If not, join NOW! Visit FREDLA's website at <http://fredla.org/join-us/> and download the membership form. Don't delay - become a member today and join a growing group of family leaders committed to the leadership development and organizational capacity of Family-Run Organizations!

***Thanks for reading Great Ideas for Family Leaders!
Don't forget to send us your Great Ideas - they are always welcome!
Send to Malisa Pearson, Project Coordinator
mpearson@fredla.org***

FREDLA is a core partner of the National Training and Technical Assistance Center for Child, Youth and Family Mental Health (NTTAC), operated by the National Technical Assistance Network for Children's Behavioral Health (TA Network), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, Child, Adolescent and Family Branch.