



Great Ideas for Family Leaders

Dear Family Leaders,

During the past year, it has been a privilege to get to know many of you across the country. The passion and dedication you each bring to the work of supporting families is astounding. We have said many times that family-run organizations are unique in what they do - and so are the family leaders. At this season of giving, FREDLA honors all family leaders for all that you give to your families, your staff and your organizations. May you have a joyful and peaceful holiday.



The FREDLA Board of Directors and Staff

WHAT'S GOING ON WITH NATIONAL MENTAL HEALTH REFORM?

If you are located outside of the Washington Beltway, it is difficult to track important legislation being considered in Congress. Presently, there are two major mental health reform bills making their way through Congress: Helping Families in Mental Health Crisis Act of 2015 in the House (HR 2646) and Mental Health Reform Act of 2015 in the Senate (S. 1945). These bills are different and you can read summaries of the bills and see the positions of national mental health advocacy groups at <http://careforyourmind.org/whats-going-on-with-national-mental-health-reform/>. The future of family-run organizations could be significantly affected by details in the legislation so it is critical that family-run organizations stay informed! More to come on this in the New Year!

HEARTFELT THANKS FOR GIVINGTUESDAY!

Thanks to our GivingTuesday Donors for helping us double our goal for the day! With large and small donations from individuals and organizations we received over \$3,500. Adding our matching gift of \$1,500, we received a grand total of \$5,075 - all to strengthen family-run organizations and the work they do to support families! Thank you!

Allegheny Family Network
Carol Cecil
Change Matrix LLC
Family Involvement Center
Hugh Davis
Jane Adams
Johanna Bergan
Kamala Allen
Michelle Zabel
Sandy Bumpus
Suzanne Fields

Beth Stroul
Catherine Rose
Families Together in New York State
Gail Cormier
Hyper Media Corporation
Janet Pereyra
Joy Hogge
Lisa Conlan
Pam Marshall
Sheila Pires
The Family Café

THE ROLE OF FAMILY-RUN ORGANIZATIONS IN SYSTEMS OF CARE

You will want to keep a copy of the new paper titled, ***The Role of Family-Run Organizations in Systems of Care: How Partnerships with States Can Achieve Shared Goals***, with you at all times!

FREDLA, in partnership with the National Association of State Mental Health Program Directors (NASMHPD), developed this paper to highlight the roles family-organizations can, and do, play within systems of care. Authored by Beth Stroul, we believe this paper will be a valuable tool to help bring the work of family-run organizations to scale nation-wide. Send a copy to your state's director of behavioral health, legislators and providers to help them understand the value and impact of your family-run organization. Below is an excerpt from the paper:

"The roles of family-run organizations highlighted in this document are based on the experience of more than 30 organizations that play a critical role in supporting the families of children, youth, and young adults with behavioral health challenges. They provide invaluable services to assist families to navigate complex services systems and to develop the knowledge and skills they need to improve their lives and the lives of their children. They also have developed partnerships with state and local systems that have incorporated "family voice" into system and policy decisions to ensure that services and supports meet the needs of youth and families. Their impact has been enormous, and their work has created a paradigm shift in children's behavioral health towards family-driven, youth-guided systems."

To access the full paper, [click here](#).

BEHAVIORAL HEALTH INTEGRATION AND FAMILY-RUN ORGANIZATIONS: A SURVEY CONDUCTED BY FREDLA

Across the country, mental health and substance use administrations, services, and funding are being integrated into one behavioral health system. Family-run organizations that grew out of children's mental health systems of care are considering how to position their organizations in light of these changes. To better inform the field, FREDLA conducted a survey of family organizations on whether they currently serve or plan to serve the population of families caring for an adolescent or young adult with substance use disorders.

The survey results were enlightening and illustrate that family-run organizations are at very different places when it comes to behavioral health integration. Check out the summary report and share it with your staff and Board of Directors. To download a copy of the report: <http://www.fredla.org/wp-content/uploads/2015/09/Family-Organizations-and-Behavioral-Health-Integration-Survey-Summary-Final.pdf>

RECRUITING TEAMS FOR FREE ONLINE PATHWAYS TRANSITION TRAINING PROGRAM THAT BEGINS JAN. 4, 2016

The Research and Training Center for Pathways to Positive Futures is recruiting partner family support organizations where a team of at least 4 staff will agree to participate in the online training series, engage in team-based exercises and discussions of the content, and complete a simple training evaluation.

Please contact Pauline Jivanjee at jivanjee@pdx.edu or 503-725-5015 or Eileen Brennan at brennane@pdx.edu or 503-725-5003 for more information.

Integrating Behavioral Health and Primary Care for Children and Youth: Concepts and Strategies

The SAMHSA-HRSA Center for Integrated Health Solutions (CIHS) promotes the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care settings. CIHS is the first "national home" for information, experts, and other resources dedicated to bidirectional integration of behavioral health and primary care. The Center recently released a paper titled, **Integrating Behavioral Health and Primary Care for Children and Youth: Concepts and Strategies**. The paper provides compelling evidence for the need to integrate behavioral health and primary care and also provides core competencies that should sound familiar to all of us.

1. Family and Youth-Guided Teams with Care Coordination Capability
2. Individualized and Coordinated Care Plans
3. Use of Evidence-Based Guidelines
4. Established and Accountable Relationships With Other Entities
5. Data-Informed Planning

To access the full report, click here:

http://www.integration.samhsa.gov/integrated-care-models/13_June_CIHS_Integrated_Care_System_for_Children_final.pdf

Issue Brief: Policy and Community Level Strategies for Integrating Children's Behavioral Health Services

The CONNECT Initiative in Connecticut is creating a "No Wrong Door" approach to the delivery of behavioral health care. The goal of CONNECT is to develop an integrated statewide network of care that ensures children and their families receive effective and coordinated behavioral health services regardless of the system in which they are involved.

For the full Issue Brief, [click here](#).

FUNDING OPPORTUNITIES

Statewide Family Network Program ~ SM-16-004

Application Due Date: Thursday, January 21, 2016

Anticipated Number of Awards: 21

Anticipated Award Amount: Up to \$95,000

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, is accepting applications for fiscal year (FY) 2016 Statewide Family Network Program grants. The purpose of this program is to enhance state capacity and infrastructure to better respond to the needs of children and adolescents with serious emotional disturbances (SED) and their families by providing information, referrals, and support to families who have a child, youth, or adolescent with

mental health challenges, and to create a mechanism for families to participate in state and local mental health services planning and policy development.

For more information, <http://www.samhsa.gov/grants/grant-announcements/sm-16-004>

Connecting Kids to Coverage Outreach and Enrollment Cooperative Agreements ~ CMS-1Z0-16-001

These Cycle IV cooperative agreements will support outreach strategies coordinated by the Connecting Kids to Coverage National Campaign (the Campaign). The Campaign is also funded under the Medicare Access and CHIP Reauthorization Act (MACRA) Pub. L. 114-10, and is led by the Center for Medicaid and CHIP Services (CMCS) and the CMS Office of Communications. The Campaign provides a full range of outreach and enrollment materials including customizable posters and flyers, as well as radio and TV public service announcements, videos featuring successful outreach strategies and outreach strategy guides that suggest effective ways to use the materials produced by the Campaign. Most materials are available in English and Spanish, and some are available in other languages, as well. All materials produced by the Campaign, including recordings of all past webinars along with information about previous grantees, are available at www.InsureKidsNow.gov.

<http://www.grants.gov/web/grants/view-opportunity.html?opId=280091>

NEW BRSS TACS Funding Opportunity - 2016 Peer Education Efforts Regarding the Implementation and Support of the Affordable Care Act (ACA)

The Center for Social Innovation (C4) has been contracted by the Substance Abuse and Mental Health Services Administration (SAMHSA) to operate the Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS). C4 is currently requesting capabilities statements from Peer-Run/Recovery Community Organizations (PRO/RCOs) to carry out activities in support of Affordable Care Act (ACA) implementation efforts in the state, district, territory, or federally recognized American Indian/Alaska Native (AI/AN) tribal jurisdiction in which they operate.

An informational webinar will be held on Tuesday, December 29th, 2015 from 1:00-2:00pm ET (12:00pm CT, 11:00am MT, 10:00am PT)

For full details about this opportunity, visit:

http://brsstacs.center4si.com/2016_BRSSTACS_PeerACA_Education_RCS_Flyer_12-...

RESOURCES

Magellan Peer Support Videos

Magellan was the first company to recognize the critical role of peer support in the recovery process. We employ individuals with lived experience and actively include these individuals as part of the treatment process, as you'll see in our new video series.

Watch and be inspired by these stories and the positive impact of peer and family support on individuals in recovery.

<http://magellanhealth.com/learning-opportunities.aspx>

JOB OPENING - NATIONAL COORDINATOR, BUILDING BRIDGES INITIATIVE (BBI)

The National Building Bridges Initiative (BBI) is excited to announce that BBI is expanding services and activities to better support all stakeholders involved in overseeing and/or providing residential and community interventions to children and adolescents with behavioral and emotional challenges, and their families. BBI is looking for a national coordinator to help in these important new efforts; please see attached job position and application parameters. Note that the due date for all applications is: **January 22, 2016.**

Thank you for all that you do to support sustained positive outcomes post-discharge for youth and families receiving residential and/or community interventions! Wishing all of our BBI colleagues a healthy and productive 2016.

For the full job posting, click here:

<http://nwi.pdx.edu/pdf/BBICoordinatorPosition20151214.pdf>

JOIN FREDLA!

Are you a member of the Family-Run Executive Director Leadership Association (FREDLA) yet? If not, join NOW! Visit FREDLA's website at <http://fredla.org/join-us/> and download the membership form. Don't delay - become a member today and join a growing group of family leaders committed to the leadership development and organizational capacity of Family-Run Organizations!

Thanks for reading Great Ideas for Family Leaders!

Don't forget to send us your Great Ideas - they are always welcome!

Send to Malisa Pearson, Project Coordinator

mpearson@fredla.org

FREDLA is a core partner of the National Training and Technical Assistance Center for Child, Youth and Family Mental Health (NTTAC), operated by the National Technical Assistance Network for Children's Behavioral Health (TA Network), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services, Child, Adolescent and Family Branch.